

TIMOTHY TRAINING COURSE

ROY ROBERTSON

An Eight-Week Course for a Growing Believer

提摩太 训练课程

罗得圣著

成长中的信徒初信基要和培养的八周课程

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The Timothy Training Course

8-Week Lesson Outline

WEEK 1: The Wheel

Material Timothy Training Course
Review Assurances & Fellowship
Check John 5:24, 1 Corinthians 10:13, 1 John 1:9, John 16:24, Hebrews 10:24-25
Teach The Wheel Illustration
Assign Learn Wheel Illustration
 Bible Study Lesson 1
 Memorize Romans 3:23, Romans 6:23
 Personal Reading Record (Read 1 Chapter/Day)

WEEK 2: The Hand

Review The Wheel Illustration
Check Bible Study Lesson 1
 Romans 3:23, Romans 6:23
 Personal Reading Record (Read One Chapter a Day)
Teach Hand of Word Illustration
Assign Learn Hand of Word Illustration
 Bible Study Lesson 2
 Memorize Hebrews 9:27, Ephesians 2:8-9
 Personal Reading Record (Read One Chapter a Day)
 Bible Reading Highlights Record (3 entries per week)

WEEK 3: Devotional Life and Prayer

Review Hand of Word Illustration
Check Bible Study Lesson 2
 Hebrews 9:27, Eph 2:8-9
 Personal Reading Record (Read One Chapter a Day)

WEEK 3: Devotional Life and Prayer (Cont)

Check Bible Reading Highlights Record (3 entries per week)
Teach Hand of Prayer Illustration
Assign Learn Hand of Prayer Illustration
 Bible Study Lesson 3
 Memorize 1Peter 3:18, John 3:16
 Personal Reading Record (Read One Chapter a Day)
 Bible Reading Highlights Record (3 entries per week)
 Begin Prayer Pages
 Prepare a Quiet Time Plan

WEEK 4: The Timothy Principle

Review Hand of Prayer Illustration
Check Bible Study Lesson 3
 1Peter 3:18, John 3:16
 Personal Reading Record
 Bible Reading Highlights Record
 Prayer Pages
 Quiet Time Plan
Teach The Timothy Principle
Assign Learn Timothy Principle
 Bible Study Lesson 4
 Memorize 2Timothy 2:2, John 15:16
 Continue Personal Reading Record
 Continue Bible Reading Highlights Record
 Continue Prayer Pages

PERMANENT PRAYER LIST

固定祷文表

	Family 家庭	Ministry 侍奉	Church 教会	Missions 差传	Special 特别
Sun 星期天					
Mon 星期一					
Tue 星期二					
Wed 星期三					
Thur 星期四					
Fri 星期五					
Sat 星期六					

DAILY PRAYER LIST

每日祷文表

1. _____
2. _____
3. _____
4. _____
5. _____

BIBLE READING HIGHLIGHTS RECORD/读经重点纪录

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

提摩太训练课程 八周提纲

第一周: 车轮示意图

- 材料 提摩太训练课程
- 复习 初信基要和基督徒的团契生活
- 检查 约翰福音5:24
哥林多前书10:13
约翰一书1:9
约翰福音16:24
希伯来书10:24-25
- 教学 车轮示意图
- 家庭作业 学会车轮示意图
第一课圣经学习
背诵罗马书3:23,
罗马书6:23
读经记录表
(每天读一章)

第二周: 手的图解

- 复习 车轮示意图
- 检查 第一课圣经学习
罗马书3:23, 罗马书6:23
读经记录表
(每天读一章)
- 教学 手的图解
- 家庭作业 学会手的图解
第二课圣经学习
背诵希伯来书9:27,
以弗所书2:8-9
读经记录表
(每天读一章)
读经重点记录
(每周记三个要点)

第三周: 灵修生活及祈祷

- 复习 手的图解
- 检查 第二课圣经学习

第三周: 灵修生活及祈祷 (续)

- 检查 希伯来书9:27,
以弗所书2:8-9
读经记录表
(每天读一章)
读经重点记录
(每周记三个要点)
- 教学 祈祷之手示意图
- 家庭作业 学会祈祷之手示意图
第三课圣经学习
背诵彼得前书3:18,
约翰福音 3:16
读经记录表
(每天读一章)
读经重点记录
(每周记三个要点)
开始用祷告记录
准备一个灵修笔记本

第四周: 提摩太原则

- 复习 祈祷之手示意图
- 检查 第三课圣经学习
彼得前书3:18,
约翰福音 3:16
读经记录表
读经重点记录
祷告记录, 灵修时间计划
- 教学 提摩太原则
- 家庭作业 学会提摩太原则
第四课圣经学习
背诵提摩太后书2:2,
约翰福音15:16
继续读经记录表
继续读经重点记录
继续祷告记录

BIBLE READING HIGHLIGHTS RECORD/读经重点纪录

WEEK 5: Bring a Friend to Jesus

Review Timothy Principle
Check Bible Study Lesson 4
2Timothy 2:2, John 15:16
Personal Reading Record
Bible Reading Highlights Record
Prayer Pages
Teach Bring a Friend to Jesus
Assign Learn Bring a Friend to Jesus
Bible Study Lesson 5
Memorize 1Peter 3:15, James 5:20
Continue Personal Reading Record
Continue Bible Reading Highlights Record
Continue Prayer Pages

WEEK 6: The Bridge Illustration

Review Bring a Friend to Jesus
Check Bible Study Lesson 5
1Peter 3:15, James 5:20
Personal Reading Record
Bible Reading Highlights Record
Prayer Pages
Teach The Bridge Illustration
Assign Learn The Bridge Illustration
Bible Study Lesson 6
Memorize Romans 5:8, John 1:12
Continue Personal Reading Record
Continue Bible Reading Highlights Record
Continue Prayer Pages

WEEK 7: Follow-up and Assurances

Review The Bridge Illustration
Check Bible Study Lesson 6
Romans 5:8, John 1:12
Personal Reading Record
Bible Reading Highlights Record
Prayer Pages
Teach Follow-up & Assurances
Assign Learn Follow-up & Assurances
Bible Study Lesson 7
Memorize Revelation 3:20, Romans 10:9-10
Continue Personal Reading Record
Continue Bible Reading Highlights Record
Continue Prayer Pages

WEEK 8: Elements of Reproduction

Review Follow-up & Assurances
Check Bible Study Lesson 7
Revelation 3:20, Romans 10:9-10
Personal Reading Record
Bible Reading Highlights Record
Prayer Pages
Teach Elements of Reproduction
Assign Learn Elements of Reproduction
Bible Study Lesson 8
Memorize John 14:6, Romans 10:13
Continue Personal Reading Record
Continue Bible Reading Highlights Record
Continue Prayer Pages

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最受益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最受益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最受益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最受益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

BIBLE READING HIGHLIGHTS RECORD/读经重点纪录

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

Date/日期: _____ All I read today/今天我所读的: _____

Best thing I marked today (Reference)/今天我最益处(经文索引): _____

Thought/想法: _____

Application/应用: _____

第五周: 带一个朋友归主

复习 提摩太原则

检查 第四课圣经学习

提摩太后书2:2,
约翰福音15:16

读经记录表

读经重点记录

祷告记录

教学 带一个朋友归主

家庭作业 学会带一个朋友归主

第五课圣经学习

背诵彼得前书3:15,
雅各书5:20

继续读经记录表

继续读经重点记录

继续祷告记录

第六周: 福音桥示意图

复习 带一个朋友归主

检查 第五课圣经学习

彼得前书3:15,
雅各书5:20

读经记录表

读经重点记录

祷告记录

教学 福音桥示意图

家庭作业 学会福音桥示意图

第六课圣经学习

背诵罗马书5:8,
约翰福音1:12

继续读经记录表

继续读经重点记录

继续祷告记录

第七周: 初级培训及初信基要

复习 福音桥示意图

检查 第六课圣经学习

罗马书5:8, 约翰福音1:12

读经记录表

读经重点记录

祷告记录

教学 初级培训及初信基要

家庭作业 学会初级培训及初信基要

第七课圣经学习

背诵启示录3:20,
罗马书10:9-10

继续读经记录表

继续读经重点记录

继续祷告记录

第八周: 生养的要点

复习 初级培训及初信基要

检查 第七课圣经学习

启示录3:20,
罗马书10:9-10

读经记录表

读经重点记录

祷告记录

教学 生养的要点

家庭作业 学会生养的要点

第八课圣经学习

背诵约翰福音14:6,
罗马书10:13

继续读经记录表

继续读经重点记录

继续祷告记录

Lesson 1: THE WHEEL

LESSON OUTLINE:

Material	Timothy Training Course	Assign	Learn Wheel
Review	Assurances and Fellowship		Illustration
Check	John 5:24, 1 Corinthians 10:13, 1 John 1:9, John 16:24, Hebrews 10:24-25		Bible Study Lesson 1 Memorize Romans 3:23, Romans 6:23
Teach	The Wheel Illustration		Personal Reading Record (Read 1 Chapter/Day)

The Wheel is an illustration for the Christ-centered, Spirit-filled Christian life. It was originated by Dawson Trotman, founder of The Navigators, to show the secret of how a Christian could live a victorious life.

The Wheel illustration began as a 3-legged stool during the days when Trotman was teaching a boy's Sunday school class at a church in California. He had heard an illustration that likened the Christian life to a stool with three legs--the Bible, Prayer and Witnessing. If any of the 3 legs was missing, the stool couldn't stand up by itself.

Trotman described the illustration's transition from a stool to a wheel: "As I thought about the stool, I didn't like the illustration because the Christian life shouldn't be lived sitting down. A stool is great if you are milking a cow, repairing a shoe, or peeling potatoes. But Christians aren't sitting, especially little boys."

He began to think of a 3-spoked wheel, because a wheel is something a boy or a grown man can identify with. Automobiles, bicycles, ships, and trains all use wheels.

The hub had to be Christ. The rim had to be the well-rounded Christian living his life in the power of the Holy Spirit. But what about the spokes? He found that his boys could learn their Bible verses; they could pray; and they could witness to their buddies. But something was wrong. There was something missing. He needed a 4th spoke which he called "Living the Life". Later he called it simply "Obedience". (After Trotman's death, someone moved obedience into the rim calling it "The Obedient Christian in Action.")

With 4 spokes the wheel made sense. It was balanced with 2 vertical spokes and 2 horizontal spokes. These were the 4 basics of the Christian life, with the Lord Jesus Christ right in the middle. If any one of the four is missing or is out of proportion, the entire wheel gets off balance and you have a lopsided Christian who is going thump, thump, thump through life.

Ezra 7:10 gives us this picture: **PRAYER**--Ezra "prepared his heart"; the **WORD**--"to seek the law of the Lord"; **OBEDIENCE**--"and to do it"; **WITNESSING**--"and to teach in Israel statutes and judgments". Ezra was a well-rounded godly man, affecting change in his generation because of these 4 basic elements that were rooted in his life.

There are 4 basic elements for physical life: food, air (we breathe without ceasing), rest and exercise. In the spiritual life, **food** can be likened to the Bible (1Peter 2:2); **air** can be likened to prayer (1Thessalonians 5:17 says "Pray without ceasing"); **rest**, to obedience (the wicked cannot rest, Isaiah 57:20); and **exercise**, to witnessing (outreach to those around us, Acts 1:8).

The hub has two functions: [1] It bears the weight (just as Christ bears our burdens; 1Peter 5:7, Psalm 55:22); and [2] It furnishes the driving power (just as Christ enables us to do all things; Philippians 4:13, John 15:4-5). We should, therefore, make Jesus the center, the Lord of our lives (Luke 9:23, Galatians 2:20).

Malachi/玛拉基书	1	2	3	4																									
New Testament/新约																													
Matthew/马太福音	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
Mark/马克福音	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16													
Luke/路加福音	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24					
John/约翰福音	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21								
Acts/使徒行传	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
Romans/罗马书	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16													
1Corinthians/哥林多前书	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16													
2Corinthians/哥林多后书	1	2	3	4	5	6	7	8	9	10	11	12	13																
Galatians/加拉太书	1	2	3	4	5	6																							
Ephesians/以弗所书	1	2	3	4	5	6																							
Philippians/腓立比书	1	2	3	4																									
Colossians/歌罗西书	1	2	3	4																									
1Thessalonians/帖撒罗尼迦前书	1	2	3	4	5																								
2Thessalonians/帖撒罗尼迦后书	1	2	3																										
1Timothy/提摩太前书	1	2	3	4	5	6																							
2Timothy/提摩太后书	1	2	3	4																									
Titus/提多书	1	2	3																										
Philemon/腓利门书	1																												
Hebrews/希伯来书	1	2	3	4	5	6	7	8	9	10	11	12	13																
James/雅各书	1	2	3	4	5																								
1Peter/彼得前书	1	2	3	4	5																								
2Peter/彼得后书	1	2	3																										
1John/约翰一书	1	2	3	4	5																								
2John/约翰二书	1																												
3John/约翰三书	1																												
Jude/犹大书	1																												
Revelations/启示录	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21								

第一课：车轮

教学提纲：

材料	提摩太训练课程	家庭作业	学会车轮示意图
复习	初信基要和基督徒的团契生活		第一课圣经学习
检查	约翰福音5:24, 哥林多前书10:13, 约翰一书1:9, 约翰福音16:24, 希伯来书10:24-25		背诵罗马书3:23, 罗马书6:23 读经记录表 (每天读一章)
教学	车轮示意图		

这个车轮是一个以基督为中心，被圣灵充满的基督徒生活的图解。它是由陶申·特罗曼发明的，它揭开了一个基督徒怎样过得胜的属灵生活的秘密所在。

车轮图解刚开始时只是一个三脚凳图，那时特罗曼还在加州的一个教会里教男童主日学。他听说有人把基督徒属灵生活中的三大组成部分——圣经，祷告和见证画成一个三条腿的凳子，三条腿中少任何一条，凳子都会倒下来。

特罗曼描述他把三脚凳图变成车轮的整个过程。他说：“当我思考这个凳子图时，我不大喜欢它，因为基督徒的人生不是坐立的人生。在你挤牛奶，修鞋或者削马铃薯皮的时候，凳子当然是很有用的。但是基督徒不是坐立不动的——特别是小孩子。”

他就开始考虑一个三辐条的车轮，因为车轮既适合小孩也适合大人。汽车，自行车，轮船，火车都使用轮。

轮子的中心必须是基督，轮圈必须是靠着圣灵的力量而生活平衡的基督徒。那么辐条是什么呢？他发现他的学生们能够自己学习圣经，祷告，向朋友传福音。但是这轮子似乎不怎么完美，缺了点什么。就是缺了第四条辐条，他称之为“生活”，后又简称为“顺服”。（在他去世后有人将顺服搬到轮圈里去，称之为行动中的顺从的基督徒。）

有了这第四条辐条，轮子的喻意就更明确了，它通过两条垂直的辐条和两条水平辐条保持平衡。即基督徒生活的四个基本要素，基督在正中心。如果这四条中少了任一条，整个轮子就会不平衡，一个基督徒的属灵生活呈此异态，他的一生都将会在颠簸不平中渡过。

以斯拉记7:10给我们描绘了一幅画面：祷告——“以斯拉预备他的心”；学圣经——“寻找主的律法”；顺服——“付诸于行动”；见证——“教导以色列典章和律例。”以斯拉是一个属灵经验丰富的长者。正由于这四个基本要素在他的生活中扎下了根，使得他的生命对他的时代产生了深远的影响。

肉体的生存有四个基本需要：食物，空气（我们不停地呼吸），休息和锻炼。在属灵的生活中，圣经好比食物（彼得前书2:2），祷告好比空气（帖撒罗尼迦前书5:17说：“不停地祷告”），顺服好比休息（恶人不能安息——以赛亚书57:20），作见证好比锻炼（向周围的人传福音——使徒行传1:8）。

轮子的中心有两个作用：（1）支撑重量（比喻基督背负我们的重担——彼得前书5:7；诗篇55:22）；（2）提供动力（比喻基督赐给我们能力去作一切事——腓立比书4:13；约翰福音15:4,5）。我们要让基督成为我们生命的中心或生命的主（路加福音9:23；加拉太2:20）。

两条垂直的辐条中，真道是最基本的辐条。圣经是必需的（1）为救恩（彼得前书1:23；雅各书1:18,21），（2）为成长（彼得前书2:2；使徒行传20:32），（3）为灵性的成熟（以弗所书4:13；希伯来书5:12-14）。

另一条辐条是祷告。动力是通过电线接在电源上获得。同理，我们通过祷告从神那里获得力量（马太福音21:22）。

Psalms/诗篇	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34	35	36	37	38	39	40	41	42
	43	44	45	46	47	48	49	50	51	52	53	54	55	56
	57	58	59	60	61	62	63	64	65	66	67	68	69	70
	71	72	73	74	75	76	77	78	79	80	81	82	83	84
	85	86	87	88	89	90	91	92	93	94	95	96	97	98
	99	100	101	102	103	104	105	106	107	108	109	110	111	
	112	113	114	115	116	117	118	119	120	121	122	123	124	
	125	126	127	128	129	130	131	132	133	134	135	136	137	
	138	139	140	141	142	143	144	145	146	147	148	149	150	
Proverbs/箴言	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31											
Ecclesiastes/传道书	1	2	3	4	5	6	7	8	9	10	11	12		
Song of Songs/雅歌	1	2	3	4	5	6	7	8						
Isaiah/以赛亚书	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34	35	36	37	38	39	40	41	42
	43	44	45	46	47	48	49	50	51	52	53	54	55	56
	57	58	59	60	61	62	63	64	65	66				
Jeremiah/耶利米书	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34	35	36	37	38	39	40	41	42
	43	44	45	46	47	48	49	50	51	52				
Lamentations/耶利米哀歌	1	2	3	4	5									
Ezekiel/以西结书	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34	35	36	37	38	39	40	41	42
	43	44	45	46	47	48								
Daniel/但以理书	1	2	3	4	5	6	7	8	9	10	11	12		
Hosea/何西阿书	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Joel/约珥书	1	2	3											
Amos/阿摩司书	1	2	3	4	5	6	7	8	9					
Obadiah/俄巴底亚书	1													
Jonah/约拿书	1	2	3	4										
Micah/弥迦书	1	2	3	4	5	6	7							
Nahum/那鸿书	1	2	3											
Habakkuk/哈巴谷书	1	2	3											
Zephaniah/西番雅书	1	2	3											
Haggai/哈该书	1	2												
Zechariah/撒迦利亚书	1	2	3	4	5	6	7	8	9	10	11	12	13	14

PERSONAL READING RECORD/读经记录表

There are 2 vertical spokes. The **WORD** is the foundational spoke. The Bible is necessary for - [1] salvation (1Peter 1:23; James 1:18,21), [2] growth (1Peter 2:2, Acts 20:32), and [3] spiritual maturity (Ephesians 4:13, Hebrews 5:12-14).

The other vertical spoke is **PRAYER**. Just as power is generated when a battery is connected with the wires, likewise, we can experience power through contact with God in prayer (Matthew 21:22).

There are 2 horizontal spokes. Not only do we need spiritual input, we also need output. The Dead Sea has no outlet, and it is barren of life. First, the outward expression of our life should be characterized by **OBEEDIENCE**. We should obey God (John 14:21), and those who are over us (Hebrews 13:17, Ephesians 5:22, and 6:1,5-8). And second, by **WITNESSING**--with our lips, we share the Good News with others (1 John 1:3, Acts 1:8).

**THE CHRIST-CENTERED LIFE
HOW TO LIVE IN FELLOWSHIP WITH CHRIST AND HIS CHURCH**



TEACHING EACH CHRISTIAN THE "HOW" OF:

- | | |
|--------------------------------|--|
| THE WORD
(Eating) | 1Peter 2:2
Acts 17:11
Acts 20:32 |
| PRAYER
(Talking) | John 16:24
Matthew 21:22
1John 5:14-15 |
| OBEEDIENCE
(Walking) | John 14:21
John 15:10
Hebrews 5:8-9 |
| WITNESSING
(Sharing) | 1John 1:3
Acts 1:8
1Peter 3:15 |

SIN

Romans 3:23 (NIV) For all have sinned and fall short of the glory of God. Romans 3:23

DEATH

Romans 6:23 (NIV) For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord. Romans 6:23
--

Old Testament/旧约														
Genesis/创世记	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34	35	36	37	38	39	40	41	42
	43	44	45	46	47	48	49	50						
Exodus/出埃及记	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34	35	36	37	38	39	40		
Leviticus/利未记	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	
Numbers/民数记	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34	35	36						
Deuteronomy/申命记	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34								
Joshua/约书亚记	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24				
Judges/士师记	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21							
Ruth/路得记	1	2	3	4										
1Samuel/撒母耳记上	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31											
2Samuel/撒母耳记下	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24				
1Kings/列王记上	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22						
2Kings/列王记下	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25			
1Chronicles/历代志上	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29													
2Chronicles/历代志下	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34	35	36						
Ezra/以斯拉记	1	2	3	4	5	6	7	8	9	10				
Nehemiah/尼希米记	1	2	3	4	5	6	7	8	9	10	11	12	13	
Esther/以斯帖记	1	2	3	4	5	6	7	8	9	10				
Job/约伯记	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	15	16	17	18	19	20	21	22	23	24	25	26	27	28
	29	30	31	32	33	34	35	36	37	38	39	40	41	42

Appendix: Forms

附录: 表格

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Prayer Pages 祷文表	67

有两条水平的辐条。我们不仅要吸收，也要付出。没有流水的死海不能孕育出生命。首先我们外部的表现就是要过顺服上帝（约翰福音14：21）和顺服当权者的生活（希伯来书13：17；以弗所书5：22和6：1，5-8）。接着又要用我们的嘴巴与人分享福音（约翰一书1：3；使徒行传1：8），作见证。

以基督为中心的生活



神的话

(吃饭)

彼得前书2：2

使徒行传17：11

使徒行传20：32

祷告

(说话)

约翰福音16：24

马太福音21：22

约翰一书5：14-15

顺服

(行走)

约翰福音14：21

约翰福音15：10

希伯来书5：8-9

见证

(分享)

约翰一书1：3

使徒行传1：8

彼得前书3：15

福音：罪

罗马书3：23

因为世人都犯了罪，亏缺了神的荣耀。

罗马书3：23

福音：死亡

罗马书6：23

因为罪的工价乃是死；惟有神的恩赐，在我们的主基督耶稣里，乃是永生。

罗马书6：23

Bible Study Lesson 1: THE WHEEL

1. Since Jesus is the Head of the Body--The Church--what place should each believer give the Lord in his life? (Colossians 1:18) _____
2. What is God's command to His children? (2Peter 3:18) _____
3. How can we get to know the Lord better? (John 5:39; Luke 24:27) _____
4. What should motivate us to have a daily Quiet Time with God? (Mark 1:35) _____
5. For whom is it our privilege to pray? (Ephesians 6:18; 1Timothy 2:1,2; Luke 23:34) _____
6. There are about 575 direct commands in the New Testament. About 45 commands deal with personal discipline. What should your attitude and action be in view of the following commands?
Ephesians 4:29,31 _____
Hebrews 12:14-16 _____
Hebrews 10:24,25 _____
7. What is God's plan for getting the message of salvation to a lost world? (2Corinthians 5:18-20) _____
8. What is the Gospel that brings salvation? (1Corinthians 15:3,4) _____
9. In witnessing, what facts would you present to the unsaved from:
Romans 3:23 _____
Romans 6:23 _____
Hebrews 9:27 _____
Romans 5:8 _____
Ephesians 2:8,9 _____
John 5:24 _____

总结

恭喜你！本课将结束为期八周的提摩太训练：初信基要和培养课。繁殖的过程由第一课当你和别人分享福音桥时开始。如果这个人来到基督身边，你可采用“一对一”见面方式将初信基要和培养课以及你所学到的传给他。

该材料将帮助你以“一对一”方式训练一个初信者。你知道，在提摩太后书2:2中讲述了一个诚信的人训练另外一人的原理：

「你在许多见证人面前听见我所教训的，也要交托那忠心能教导别人的人。」

我们的目的是进行灵魂的繁殖。你们现在已经有能力去训练其它的基督徒——你的“提摩太”要使他能把这种培训再传给其它人。你已学会如何用清楚，简单的方式讲述基本概念。你的“提摩太”将能够听懂，应用并教会他人自己所学到的东西。这就是这些概念十分简单并反复出现来强化的原因。

约翰·米尔顿·格利高利的经典书《教学的七条法则》给出了学习的五个阶段或层次：

1. 认识到我以前曾听说过它。
2. 鹦鹉学舌。
3. 赋予它你的见解和风格。
4. 应用它，实践它。
5. 知其原因，然后你能为其争论并捍卫它。

告知并不是教学。仅讲授并期望一个学生已经学会了某个真理是不够的。如果这学生未达到学习的第3或4阶段，他不可能有效地教授别人。因此，你必须要求你的“提摩太”阅读有关材料，研究和背诵有关经文。这样会提高对该件事的理解程度。

为什么我们十分重视示意图呢？首先，它是一个教学工具，使年轻的基督徒有清楚的模式可跟随。你亲身可体会到，使用《福音桥示意图》，一个年轻的基督徒能很快学会如何传播福音。其次，示意图有助于阐明真理。这会使你在教学中充满信心。你的“提摩太”也不大可能误解。耶稣自己也是用简单的比喻和故事来解释神国中高深的道理的。

这本册子是你八周课程的完整的原拷贝件，你可用它作为你传播福音的工具。

有关“一对一”见面的告诫

每周最好安排一个特定的时间和地点来见面。（参见每周日程。）事先考虑好你将如何使用这段时间。大约一半时间要用来检查作业，祷告和让他给你讲述前一周所学的示意图。另一半时间，你可用来教授新课和布置新的作业。我们建议每次用大约四十五分钟到一个小时的时间来进行“一对一”见面。

注意：在你急切想看到你的初信者成长时，不要一下就教授太多的内容。事实上，最好让他处在饥饿状态，这样他就盼望着下周与你见面。如果你与他分享太多，他会感到迷惑并会泄气。每次完成“一对一”后，如时间仍有多，你可以搞些其它类型的活动。

记住，这个时间只是为你和他而设的。尽量劝阻别人参加这个见面，否则会严重打断教学的。如果你的“提摩太”想通过带他朋友来而向他见证，你可鼓励他学好这课，而后亲自去向朋友作见证。

并且在其它情况下，也可采用“与他”的原则，比如，一起过与神独处时间，一起背诵经文，会见他的家人，让他见证，等等。

挑战：

你的“提摩太”在哪里？

AFTERWARD

Congratulations! This concludes the eight-week *Timothy Training Course*. The process of reproduction begins with lesson six as you share the Bridge Illustration with someone else. If the person comes to Christ you can pass on to him what you have learned using this course by meeting with him on a one to one basis.

This material will help you train a new believer through a "one-on-one" basis. As you know, the principle of one faithful man training another is expressed in 2Timothy 2:2:

"And the things that thou hast heard of me among many witnesses, the same commit thou to faithful men, who shall be able to teach others also." (KJV)

The aim is spiritual reproduction. You are now equipped to train another Christian--your "Timothy"--in such a way that he can pass the training on to yet another. You have learned how to present the basic concepts in a clear and simple pattern. Your "Timothy" will be able to understand, apply and teach someone else what he has learned. This is why the concepts are simple and reinforced with repetition.

John Milton Gregory's classic book "The Seven Laws of Teaching," gives the five stages or levels of learning:

1. Recognize I've heard this before.
2. Repeat parrot like.
3. Give it with your own illustrations and style.
4. Apply it and live it out.
5. Understand why, then you can debate and defend it.

Telling is not teaching. It is not enough to just lecture and assume a student has learned a particular truth. Unless the student has reached a level 3 or 4 of learning he cannot effectively teach it to others. You, therefore, should require your "Timothy" to read the materials, study, and memorize Scripture passages on the topics. This procedure helps increase the level of understanding of the subject matter.

Why depend so much on illustrations? Firstly, it is a teaching tool providing a clear pattern for a young Christian to follow. You yourself know that a young Christian can very quickly learn to present the Gospel using the "Bridge Illustration." Secondly, illustrations help to clarify truths. This will give you confidence in your teaching. Your "Timothy" will also be less likely to be side-tracked. Jesus Himself used simple parables and stories to explain deep truths of the Kingdom of God.

This booklet is your complete master copy of the eight-week course, to use as your ministry kit.

TIPS ON MEETING ONE-ON-ONE

It is best to schedule a specific time and place to meet each week. Review ahead how you are going to use the time. Roughly one half of the time should consist of check up, prayer and letting your student give back to you the illustration presented the week before. The other half will be spent teaching the new lesson and giving the next assignment. We suggest you spend approximately 45 minutes to one hour for your "one-on-one" time.

A word of caution--in your eagerness to see your new believer grow, do not overfeed him with too much teaching. In fact it is better to leave him hungry so that he will look forward to meeting with you the next week. If you share with him too much he may become confused and discouraged. If you have finished the teaching for a particular "one-on-one" time and still have time available, you could perhaps change to another type of activity.

Remember that this is set aside specifically for you and him. Try to discourage anyone else from joining the meeting as this will greatly disrupt the teaching time. If your "Timothy" wants to witness to a friend by bringing him along, then encourage him instead to learn the lessons well so that he can witness to his friend.

And on other occasions employ the "with him" principle: have several quiet times together, memorize verses together, meet his family, take him witnessing, etc.

THE CHALLENGE

Where's *your* "Timothy?"

第一课圣经学习：车轮

1. 既然耶稣是教会的头，那么每个信徒应该把耶稣放在他们生活中的哪个位置？
(歌罗西书 1: 18) _____
2. 神给他的孩子们的是什么命令？(彼得后书3: 18) _____
3. 我们怎样更好认识主？(约翰福音5: 39; 路加福音24: 27) _____
4. 什么会促进我们每天与神安静交通？(马可福音1: 35) _____
5. 我们需要为谁祷告？(以弗所书6: 18; 提摩太前书2: 1-2; 路加福音23: 34) _____
6. 在新约中大约有575条直接的命令。其中大约45条命令是关于个人自律方面的。就下列的命令，你应有什么样的态度和行动？
以弗所书4: 29, 31 _____
希伯来书12: 14-16 _____
希伯来书10: 24-25 _____
7. 神将他拯救信息传给迷失世界的计划是什么？(哥林多后书5: 18-20) _____
8. 带来救恩的福音是什么？(哥林多前书15: 3-4) _____
9. 根据下列经文，你要向尚未得救的人摆出的事实是什么？
罗马书3: 23 _____
罗马书6: 23 _____
希伯来书9: 27 _____
罗马书5: 8 _____
以弗所书2: 8-9 _____
约翰福音5: 24 _____

Lesson 2: THE HAND

LESSON OUTLINE:

Review	The Wheel Illustration	Assign	Learn Hand of Word Illustration
Check	Bible Study Lesson 1 Romans 3:23, Romans 6:23 Personal Reading Record (Read One Chapter a Day)		Bible Study Lesson 2 Memorize Hebrews 9:27, Ephesians 2:8-9 Personal Reading Record (Read One Chapter a Day)
Teach	Hand of Word Illustration		Bible Reading Highlights Record (3 entries per week)

If we really want to grasp something securely, we use all the fingers of our hand. Likewise if we want to get a firm grasp of the Word of God, we should use all the basic ways available to us.

In the Hand Illustration, the five methods of getting a mature knowledge of God's Word are compared to the five fingers of one's hand.

If you use only one or two of these methods, such as sitting in church and hearing sermons from the preacher, it is like trying to retain a hold on the Book with only one or two fingers. This gives a very weak grip so that Satan can snatch the Word from us. However, if you use all these methods you will get a good hold of God's truth in such a way that Satan or false doctrines cannot make you lose your grip on God's Word.

HEARING

Ezekiel 33:31,32 gives the condition of the apostate church as those who listen to the preaching in the same way as they would listen to music. They go just for entertainment. They pat the preacher on the back and tell him it was a fine message but do not heed the instruction given. God condemns such an attitude. He promises that He will give to His people pastors and teachers who will be able to feed them out of the Word of God (*Jeremiah 3:15*). We strongly recommend that you seek out a church where the preaching of God's Word can feed your soul. God has given such pastors to the church and it is His desire that you might be fed under them.

John 8:47 gives us an example of people who heard Jesus preach, yet did not hear what He said. Hearing does not merely mean listening to sounds but understanding the message. Notice Ezekiel 3:10. We should first receive the Word in our heart and then hear it with our ears.

When you go to church unprepared in heart to receive the message, you will get little out of it; but if your heart is right, God can speak to you and give you a great blessing. Many people sit under the sound of the Gospel for months, and even years, yet never hear the message because of hardened, rebellious hearts. So, our prayer for you is to open your heart to receive God's message from God's messenger (*Haggai 1:13*).

READING

Just as sitting under the sound of the Gospel is not necessarily hearing it, so the mere scanning through the pages of the Word is not necessarily reading it. You should read slowly and carefully, praying that the Lord will open the meaning of the Word to you. A good thing to do is to pray before reading the Word of God (*Psalms 119:18*).

It is important to read regularly. 1 Timothy 4:13 says, "Give attention to reading." We recommend that you read through the book of John at least twice and then go on to read the New Testament before delving into any of the Old Testament.

第八课圣经学习：生养的要点

- 为什么使徒保罗能够充满信心地劝别人效法他的行为？（哥林多前书11：1）

- 我们不应效法什么样的人？（腓立比书3：17-20）

- 保罗怎样继续栽培他的新信徒？（帖撒罗尼迦前书3：10）

- 保罗在何种程度上向提摩太展现他的个人生活？（提摩太后书3：10）

- 耶稣的门徒“与他同在”是什么意思？（马可福音3：14）

- 耶稣预言他的门徒会获得怎样的成功？（约翰福音14：12）

- 雅各的12个儿子下埃及。在那里他们繁衍。摩西从埃及带回以色列的有多少斗士？（民数记1：46）

- 我们应该慎守神的话语并把它们传给什么人？（申命记4：9）

- 神给约伯的祝福要延续到多少代之后？（约伯记42：16）

- 查找出提摩太后书2：2所提出的四代人：

福音：相信

约翰福音14：6

耶稣说：“我就是道路，真理，生命；若不借着我，没有人能到父那里去。”

约翰福音14：6

得救的应许

罗马书10：13

因为“凡求告主名的，就必得救。”

罗马书10：13

Bible Study Lesson 8: ELEMENTS OF REPRODUCTION

- How could the Apostle Paul be so confident in telling his converts to copy his example? (1Corinthians 11:1) _____
- What kind of people should we not follow? (Philippians 3:17-20) _____
- What kind of follow-up did Paul do with his new converts? (1Thessalonians 3:10) _____
- To what extent did Paul expose his own private life to Timothy? (2Timothy 3:10) _____
- What does it mean that Jesus' disciples were "With Him"? (Mark 3:14) _____
- How great a work did Jesus predict His disciples would have? (John 14:12) _____
- Jacob had 12 sons who went down into Egypt. There they multiplied. How many warriors did Moses bring forth out of slavery in Egypt? (Numbers 1:46) _____
- We are to keep His Word faithfully and teach it to whom? (Deuteronomy 4:9) _____
- The blessing of Job's life extended to how many generations? (Job 42:16) _____
- Trace the four generations referred to in 2Timothy 2:2: _____

THE GOSPEL: BELIEVE

John 14:6 (NIV)
 Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me."
 John 14:6

ASSURANCE OF SALVATION

Romans 10:13 (NIV)
 For, "Everyone who calls on the name of the Lord will be saved."
 Romans 10:13

第二课：手的图解

教学提纲:

复习	车轮示意图	家庭作业	学会手的图解
检查	第一课圣经学习		第二课圣经学习
	罗马书3:23, 罗马书6:23		背诵希伯来书9:27, 以弗所书2:8-9
	读经记录表 (每天读一章)		读经记录表 (每天读一章)
教学	手的图解		读经重点记录 (每周记三个要点)

如果我们真的想紧抓住某件东西，我们会用上所有的手指。因此，如果我们想牢固地掌握神的话，我们就必须用上所有对我们有利的的基本方法。在手的图解中，充分领会神的话的五种方法被喻为一只手的五个指头。

如果你只用一两种方法，例如坐在教堂里听一下牧师的讲道，也就是只用一、二只手指去拿一本书，这样并不能把书拿稳，撒但就易从我们中间夺去神的道。一个人只要用上这五种方法就能领会神的道，这也使撒但或假教条主义者不能让你离开神的道。

听道

以西结书33:31, 32给我们描绘了那些听道犹如听音乐一般的教会失败的光景。他们听道只是为了娱乐。他们会拍拍传道人的肩膀说那是一道好的信息，却不去留意其中的教诲。这种态度会受到神的谴责的。神曾应许他会派遣一些牧师和教师用神的道来喂养他的民（*那利米书3: 15*）。我们热诚建议你去看一间能以神的道来熏陶你灵魂的教堂去听道。神已经将这类牧师给予了教会，我们也期望你们能从他们那儿得到精神食粮。

约翰福音8: 47给我们举了个人听耶稣讲道但并不明白他讲的什么的例子。听道不仅仅要听而且要理解所讲的信息。看看以西结书3: 10，我们该先用心去接受道，再才用耳去听。

当你走进教堂却没有在你心中预备好接收信息，那么你将收获不大；但如果你有一颗预备的心，神就会对你讲话并大大地祝福你。很多人坐在福音中好几个月，甚至几年，但从未明白所讲的道，因为他们的心顽固和反叛。所以我们为你的祈祷是愿神打开你的心扉，让你从神的使者那儿接收到神的信息（*哈该书1: 13*）。

读经

就如坐在福音的声响之下却未能听到福音，所以就算是一页页地浏览圣经也未必能懂，只有仔细地读，祈求神向你打开他信息的大门。最好是每次读之前为此祈祷（*诗篇119: 18*）。

有计划，有系统地读经很重要。提摩太前书4: 13说：“专心读经。”我们建议你开始先读约翰福音，然后继续新约，之后再探究旧约。

研经

研经与读经是有区别的。读经是概括地看一下，研经是深入分析。“思想是通过舌头和笔尖来表达出来的。”当我们真正学习神的话时就应该有一张纸和一支笔。我们催促你们各人系统地、有计划地研经，你们就会在道中成长。

STUDYING

There is a difference between reading and studying. "Thoughts disentangle themselves passing through the lips and pencil tips." When we study God's Word, we should have a pen and a piece of paper in our hands. This will help us to better express our thoughts of the Word. We urge you to have a systematic program for Bible study. You build up yourself in the Word as you study the Bible.

MEMORIZING

Memorizing God's Word is a vital key in helping us overcome sin in our lives. Examine the temptation of our Lord Jesus Christ. Even our Savior did not meet Satan with His own understanding. He quoted from the Old Testament to come out victorious over Satan (Matthew 4:4,7 and 10). The Lord used a different verse of Scripture to meet each particular temptation of Satan.

Ephesians 6:16 says, "Take the shield of faith that you may be able to quench all the fiery darts of the wicked." Satan attacks in many ways, and to be victorious, the Christian must be equipped with much Scripture.

When Satan tempts us, the chances are that we will not have our Bibles in our hands. The only thing we will have from God's Word with which to fight Satan is what we can remember from the Bible. To be forewarned is to be forearmed, and how important it is to store up God's Word ahead of time so as to meet the temptations when they come. The greatest commandment in all the Scripture is to love the Lord your God with all your heart, soul and strength (Deuteronomy 6:5). Deuteronomy 6:6 commands us to lay up these words in our hearts. To know Christ is to love Him. As we come to know and possess the Word of God in our very lives and hearts, we will then come into that intimate relationship with Christ. This will enable us to love Him with all our soul, heart and strength.

Thus, memorizing God's Word helps us overcome sin and to know Him more intimately. Here are 6 more benefits:

1. It is a help in Bible study.
2. It is a help in soul winning. Example: It is a dark night and you are riding with someone in a car and talking about the Lord. You could not do this unless you have memorized Scripture.
3. It helps us to make daily decisions in life.
4. Those we seek to help will have confidence in us.
5. It is a benefit in preaching.
6. It develops your memory.

MEDITATION

When we combine meditation with the other methods of intake of God's Word, rich blessings will follow. With the thumb we grasp firmly whatever we hold. So we hear and meditate on what we hear; we read and meditate on what we have read, etc.

Meditating on God's word is like a cow chewing the cud. Through meditation we take in spiritual food for our spirits.

How to meditate:

1. Memorize a short portion of Scripture (for example: Matthew 4:4). "Man does not live on bread alone...."
2. Quote this passage as a prayer: "Lord, I live not on bread alone, but on every word that comes from Your mouth."
3. Personalize it by inserting your name in it: "Louis does not live on bread alone...."
4. Repeat it several times, emphasizing different words in the passage:
"Man does not live on bread alone...." (all men)

时，作为一个被信任的建议者和属灵父母，你的角色仍是相当重要的。要用爱和祷告去扶持他们。

当你属灵的孩子成熟到结果并能带领别人的时候，你的角色也许再一次发生变化。祖父母的责任与义务不同于作父母的，可是你的平安和你对后代的祝福却会大增。

展望未来

看看图中所示的属灵繁殖爆炸数字。如果一个牧师每年带一百人归主，这的确是一个引人注目的成绩。然而，假如一个人能够一年带一人归主并教会他去结果子，这种方法在带领更多的人归主方面的潜力更大。

年	牧师 每年引导 100人： 牧养	门徒引导 新人再 繁衍： 门徒训练
1	100	2
2	200	4
3	300	8
4	400	16
5	500	32
6	600	64
7	700	128
8	800	256
9	900	512
10	1000	1024
11	1100	2048
12	1200	4096
13	1300	8192
14	1400	16, 384
15	1500	32, 768
16	1600	65, 536
17	1700	131, 072
18	1800	262, 144
19	1900	524, 288
20	2000	1, 048, 576 等等

愿神祝福让你有硕果累累的众多子孙。

SUSTAIN BY LOVE AND PRAYER

As your friend grows in the Lord and matures, he will become less dependent upon you. This is natural. Infants need constant care, but older children will leave the home to play and explore. But your role as a trusted adviser and spiritual parent is very vital. You sustain him by your love and prayer.

When your spiritual child becomes fruitful and begins to disciple others, your role may change again. The grandparent has a different role than the parent, but the stability and blessing of a godly heritage is very great.

SEE INTO THE FUTURE

Notice the explosion of spiritual reproduction shown in the chart below. If a pastor wins a hundred people to Christ every year, it would indeed be dramatic work. Yet if an individual could win one soul to Christ in a year and teach that one to be faithful and productive, this has even greater potential.

Year	Pastor leading 100/year: <i>Pastoring</i>	Disciple leading one who is reproductive: <i>Discipling</i>
1	100	2
2	200	4
3	300	8
4	400	16
5	500	32
6	600	64
7	700	128
8	800	256
9	900	512
10	1000	1024
11	1100	2048
12	1200	4096
13	1300	8192
14	1400	16,384
15	1500	32,768
16	1600	65,536
17	1700	131,072
18	1800	262,144
19	1900	524,288
20	2000	1,048,576 etc.

May the Lord give you a fruitful seed unto many generations.

背经

背诵神的话是我们在生活中能胜过罪的一个关键。看一下主耶稣在受试探时，尽管他是我们的救主也不用自己的话来胜过撒但，而是引用旧约的经文来得胜（*马太福音*4: 4, 7, 10）。每一次主都用了不同的经文来抵挡撒但的各种试探。

以弗所书6:16说，“.....此外又拿着信德当藤牌，可以灭尽那恶者一切的火箭。”撒但借着许多的途径来攻击我们，要做一个得胜的基督徒就必须要用经文把自己装备起来。

撒但会趁着我们没有圣经在手时试探我们，这时我们能想起的经文就成为了我们的武器。事先警惕就是事先准备好。在试探来临之前储备神的话是多么的重要啊！在圣经中最大的命令是尽心、尽性、尽力爱耶和华你的神（*申命记*6: 5）。紧跟着的一节经文是叫我们要把他的心藏在心里。认识基督就是爱他，只有我们把神的道用在生活中，深藏在心中，才能与基督建立这种亲密的关系，这就使我们尽心、尽性、尽力去爱他。

所以背诵神的话能帮助我们更亲近神并且能胜过罪恶。下面列出了其中的六点好处：

1. 为更好地学习圣经提供帮助。
2. 为拯救灵魂提供工具。例如：一个晚上，你与某人乘车回家并谈论关于神的事。除非你记住了经文，否则你是无法谈的。
3. 帮助你在日常生活中作出决定。
4. 那些寻求同你谈论的人会更信赖你。
5. 有利于证道。
6. 能增强记忆力。

默想

当默想与其它吸取神的话语的方法连在一起时，丰富的祝福就会涌来。与大拇指一起就可以紧抓住我们所要抓的东西。所以我们要默想我们所听的道，所读的经，等等。

默想经文就如牛吃了草后的反刍，默想是属灵生命对灵粮的消化以便吸收。学习怎样默想神的话：

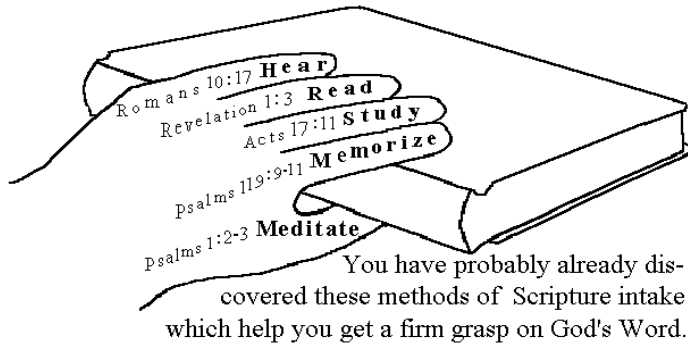
1. 背诵一部分的经文(如：*马太福音*4:4)。“人活着，不是单靠食物，.....。”
2. 引用主说的话来作为自己的祷告：“主啊！我活着，不单靠食物，乃是要靠你口里所出的一切话。”
3. 把自己的名字放进去：“小刘活着，不是单靠食物，.....。”
4. 反复几次，每次都加强不同字眼的语气。如：
“人活着，不是单靠食物，.....。”（所有的人）
“人活着，不是单靠食物，.....。”（肉身的生命与灵魂的生命）
“人活着，不是单靠食物，.....。”（坚决的否定）等等。

神要赐福于那些昼夜默想他的话的人（*诗篇*1: 2-3, *约书亚记*1: 8）。因此，只要我们常住在他里面，主耶稣的祝福就会临到我们这些住在他的话里的人（*约翰福音*15: 7-8）。所以，听道，读经，研经，背经，再加上默想就成了我们依靠神的话住在基督里的好方法。

"Man **does not** live on bread alone...." (absolutely does not)
 "Man does not **live** on bread alone...." (physical vs spiritual life)

God commands His blessing (*Psalms 1:2,3; Joshua 1:8*) on the person who meditates on His Word day and night. When we meditate on His Word, we abide in His Word and the Lord promises to make our lives fruitful (*John 15:7,8*). So hearing, reading, studying, and memorizing, plus meditation, are the means whereby we can abide in Christ through His Word.

THE HAND



	COMMENDED	COMMANDED	BLESSING
HEAR	EZE. 3:10	JER. 22:29	LK. 11:28
READ	NEH. 8:8	1 TIM. 4:13	REV. 1:3
STUDY	2 TIM. 3:16-17	2 TIM. 2:15	ACTS 17:11
MEMORIZE	PS. 119:11	DEUT. 6:6	PS. 10:8
MEDITATE	PS. 1:1-3	JOSH. 1:8	1 TIM 4:15

第八课：生养的要点

教学提纲:	复习	初级培训及初信基要	家庭作业	学会生养的要点
	检查	第七课圣经学习		第八课圣经学习
		启示录3:20, 罗马书10:9-10		背诵约翰福音14:6, 罗马书10:13
		读经记录表		继续读经记录表
		读经重点记录		继续读经重点记录
		祷告记录		继续祷告记录
教学		生养的要点		

树立榜样

使徒保罗说：“你们该效法我，象我效法基督一样”（*哥林多前书11: 1*）。所以如果要我们属于灵的孩子也结果子，领人归主，那我们自己就应该为他们树立一个榜样。一般来说，人们愿意效法我们的行为，而不是行我们口头上的教训。

保罗在读经，祷告，教育人，传道，事奉，见证上都做出了好榜样。所以他能够自信地教导别人：“你们在我身上所学习的，所领受的，所听见的，所看见的，这些事你们都要去行，赐平安的神就必与你们同在”（*腓立比书4: 9*）。

做为一个真正的门徒，不管你学到什么，你都应该把它传给其他的人。你们已学会如何在这个邪恶的世界里过圣洁的生活，如何分享福音，如何在一个固定的时间与神独处，如何读经，研经，记忆经文；如何看顾属灵的后代。不要为自己保留这些经验，**要传给其他的人**。

请记住，不断地领受神的话和不断祷告是树立好榜样的最基本的东西。

示范

培养人的最好方法是与你所带的人一起共事，言传身教。如果你想学好小提琴，就必须单独从师。任何一项运动和追求都是如此。我们只有在老师的亲自辅导下才能学好。

当门徒问耶稣：“主啊，教我们祷告吧，”主耶稣为他们作了个很好的祷告示范，然后一同和他们祷告。他们在祷告中学会了祷告。

与你带领的人们一同度过一些时间：共同祷告；共同读经，背经；分享你的圣经学习；分享你认识自己，认识神的经验；分享你的困难与痛苦，以及你们的胜利喜悦。做好准备真诚地去回答这个初信者很可能会提出的各种各样的问题。答应同你所带的人一起去做见证，会亲友并向他们传福音。

差遣

当这个初信徒在祷告，读经的生活中建立一定的基础之后，你就可以要求他（她）做一些事工。每个人都应该为基督结果子。从某种意义上说，犹如你把他们派遣出去收庄稼。开始，你应该大力鼓励和支持他们。也许会有失败和灰心，你要不断支持。保罗作为一个伟大的尊师讲过：“我们行善，不可丧志；若不灰心，到了时候就要收成”（*加拉太书6: 9*）。

当你属灵的孩子第一次领人归主时，那真是个欢呼喜悦的时刻，与他（她）一起欢呼吧。

用爱和祷告扶持

当你的属灵孩子在主里成长并逐渐成熟时，他或她会变得越来越不需要依赖你。这是很自然的。婴孩需要不断看顾，而孩子长大后，喜欢出去玩和探索，此

Lesson 8: ELEMENTS OF REPRODUCTION

LESSON OUTLINE:

Review	Follow-up & Assurances	Assign	Learn Elements of Reproduction
Check	Bible Study Lesson 7 Revelation 3:20, Romans 10:9-10 Personal Reading Record Bible Reading Highlights Record Prayer Pages		Bible Study Lesson 8 Memorize John 14:6, Romans 10:13 Continue Personal Reading Record Continue Bible Reading Highlights Record
Teach	Elements of Reproduction		Continue Prayer Pages

SET THE PATTERN

The Apostle Paul said, "Be you followers of me, even as I also am of Christ" (1Corinthians 11:1). So, if our spiritual children are to be reproductive, we must set a good example for them to follow. Generally, people don't do what we tell them as much as they copy whatever we do.

Paul developed good habits in the Word, prayer, teaching, preaching, working, and witnessing. He could confidently say to his followers, "Those things which you have both learned and received and heard and seen in me, do. And the God of peace shall be with you" (Philippians 4:9).

Whatever you have learned about being a true disciple, you are to pass on to someone else. You have learned how to live a holy life in the midst of a crooked world, how to share the gospel, how to have a regular Quiet time, how to read, study and memorize the Scriptures, how to follow up on a young babe in Christ. Don't keep this experience to yourself: **PASS IT ON TO SOMEONE ELSE.**

Remember, it is essential that you continue in the Word, prayer and witnessing so as to set a good example.

SHOW HOW

The best way to teach is to do it together with someone you are instructing. If you want to learn to play the violin well, take private lessons from a master. The same is true of almost any sport or pursuit. We learn by doing under the instruction of a teacher.

When the disciples asked Jesus, "Lord, teach us to pray," the Lord responded by giving examples of effective prayers and then prayed with them. They learned to pray by praying.

So take time to be with the person you are discipling. Pray together, read the Bible together, share your Bible study, share lessons you are learning about yourself and God, share your problems and sorrows, as well as your victories. Be ready to answer truthfully whatever questions your young disciple may ask.

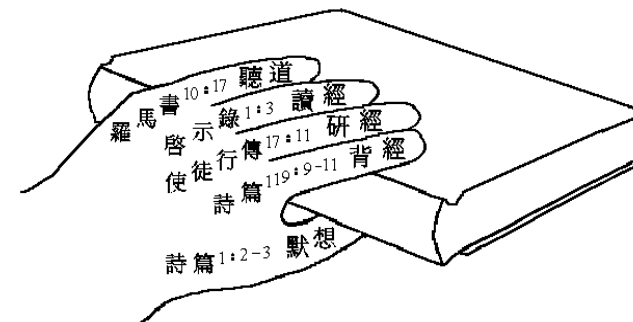
Offer to go witnessing together and meet with your contact's friends and relatives.

SEND FORTH

After this new disciple has been established in the basics of the Word and prayer life, you are to challenge this person to engage in some form of ministry. Every one should bear fruit for Christ. In a sense, you will send him or her into the harvest. At first, you will need to provide lots of encouragement and backing. There will probably be some failure and heartaches, but continue to encourage him. As the great counselor Paul said, "And let us not be weary in well doing, for in due season we shall reap, if we faint not" (Galatians 6:9).

When your spiritual child brings his first person to Christ, rejoice with him.

掌握聖經的手



	推頌	命令的	祝福
听道	以西结书 3: 10	耶利米书 22: 29	路加福音 11: 28
读经	尼希米记 8: 8	提摩太前书 4: 13	启示录 1: 3
研经	提摩太后书 3: 16-17	提摩太后书 2: 15	使徒行传 17: 11
背经	诗篇 119: 11	申命记 6: 6	诗篇 40: 8
默想	诗篇 1: 2-3	约书亚记 1: 8	提摩太前书 4: 15

Bible Study Lesson 2: THE HAND

- In what way do many church-goers listen to a sermon? (Ezekiel 33:31,32) _____

- How should we hear God's Word? (Ezekiel 3:10) _____

- What is the real test of responding correctly to a sermon? (James 1:22) _____

- Should we read the Bible as rapidly as possible? How then should we read the Word? (Nehemiah 8:8) _____

- Do you have a plan for regular Bible reading? If so what? _____

- How often did the noble Bereans search the Scripture? (Acts 17:11) Check:
Once a month Once a week Every day
- What is an important reason to memorize Scripture? (Psalm 119:11) _____

- How will God reward one who continuously meditates on the Word of God? (Psalm 1:2,3; 1Timothy 4:15) _____

- What steps should you take to get a firm grasp on God's Word? _____

JUDGMENT

Hebrews 9:27 (NIV)

Just as man is destined to die once, and after that to face judgment.

Hebrews 9:27

NOT BY WORKS

Ephesians 2:8-9 (NIV)

For it is by grace you have been saved, through faith--and this not from yourselves, it is the gift of God--not by works, so that no one can boast.

Ephesians 2:8-9

第七课圣经学习：初级培训及初信基要

- 有人将初级培训与灵命家长的照顾相类比。还能与什么相比? (哥林多前书3:10-14) _____

- 在圣经里, 成长产生于得救之后。彼得前书1: 23和彼得前书2: 2-3怎样揭示这个现象的? _____

- 保罗在使徒行传14: 21-22和15: 36怎样做的初级培训? _____

- 神许诺给初级培训者什么样的赏赐? (彼得前书5: 4) _____

- 在约翰福音5:24节中列了三个听而信的结果, 它们各是什么?
现在 _____
将来 _____
过去 _____
- 耶稣向那些信他的人作出什么应许? (约翰福音10:27-29) _____

- 我们处在一场属灵的争战中, 上帝如何帮助我们战胜罪恶? (以佛所书6:17) _____

- 在我们向神认罪后, 还应该做什么? (箴言28:13) _____

- 祷告要得到神的成就必须有哪两个条件?
约翰福音15:7 _____
约翰一书5:14-15 _____

福音：相信

启示录3:20

看哪！我站在门外叩门，若有听见我声音就开门的，我要进到他那里去，我与他，他与我一同坐席。

启示录3:20

罗马书10:9-10

你若口里认耶稣为主，心里信神叫他从死里复活，就必得救。因为人心里相信，就可以称义；口里承认，就可以得救。

罗马书10:9-10

Bible Study Lesson 7: FOLLOW-UP & ASSURANCES

1. Follow-up has been likened to spiritual parental care. What else can it be likened to? (1 Corinthians 3:10-14) _____

2. In the Bible, growth follows salvation. How is this revealed in 1 Peter 1:23 and 2 Peter 2:2-3? _____

3. Explain how Paul does follow-up in Acts 14:21-22 and 15:36? _____

4. What reward is promised to those who do follow-up? (1 Peter 5:4) _____
5. John 5:24 lists 3 things that result from hearing and believing. What are they? _____

6. What assurances did Jesus give to those who believe in Him? (John 10:27-29) _____

7. We are in spiritual warfare. How does God help us overcome sin? (Ephesians 6:17) _____

8. After we confess our sins to God, what else should we do? (Proverbs 28:13) _____
9. What are 2 conditions for answered prayer?
John 15:7 _____
1John 5:14,15 _____

THE GOSPEL: BELIEVE

Revelation 3:20 (NIV)

Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me.

Revelation 3:20

Romans 10:9-10 (NIV)

That if you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you confess and are saved.

Romans 10:9-10

第二课圣经学习：手的图解

1. 很多来教堂的人是怎样听道的? (以西结书33: 31-32) _____

2. 我们应该怎样去听神的话? (以西结书3: 10) _____

3. 如何检验出你对听道的反应是否正确? (雅各书1: 22) _____

4. 我们是否应该尽可能快地读圣经? 那么我们应该怎么去读呢? (尼希米记 8: 8) _____

5. 你有一个系统的读经计划吗? 若有, 是怎样? _____

6. 庇哩亚人多长时间查考一次圣经? (使徒行传17: 11) 打勾:
每月一次
每周一次
每天
7. 背诵经文的一个重要原因是什么? (诗篇119: 11) _____

8. 神将如何祝福那些日夜不停默想他的话的人? (诗篇1: 2-3; 提摩太前书4: 15) _____

9. 你准备采取什么样的步骤紧紧抓住神的话? _____

福音：审判

希伯来书9:27
按着定命，人人都有一死，死后且有审判。
希伯来书9:27

福音：无法自救

以弗所书2:8-9
你们得救是本乎恩，也因着信，这并不是出于自己，乃是神所赐的；也不是出于行为，免得有人自夸。
以弗所书2:8-9

Lesson 3: DEVOTIONAL LIFE AND PRAYER

LESSON OUTLINE:

Review	Hand of Word Illustration	Assign	Learn Hand of Prayer Illustration Bible Study Lesson 3
Check	Bible Study Lesson 2 Hebrews 9:27, Eph 2:8-9 Personal Reading Record (Read One Chapter a Day)		Memorize 1Peter 3:18, John 3:16 Personal Reading Record (Bible Reading Highlights Record (3 entries per week)
Teach	Hand of Prayer Illustration		Begin Prayer Pages Prepare a Quiet Time Plan

Daily devotional time alone with God helps you grow in personal fellowship with Him. God loves you and wants you to spend regular time communing with Him. When you converse with a friend, you get to know that person better. God is a **PERSON**, not just an abstract influence.

Determine to keep Christ in the center of your life. Set aside a daily **PERIOD** of time to spend with God and His Word in a regular **PLACE** (Mark 1:35). Instead of skipping around in the Bible, have a **PLAN** for reading it regularly and consecutively. Start with the New Testament. It helps to write each day in a notebook some thought or blessing that results from your "Quiet Times" with God.

We need to balance our time in the Word with time in prayer. Make prayer lists so that you can be more specific in praying to the Lord. As you see God's answers, your faith will increase.

HAND OF PRAYER

Just as we compared the hand to 5 methods of getting a grip on the Word, we will compare the hand to 5 phases that should be built into a prayer life. You have the privilege of reaching up to the very throne of thrones and touching God as you pray.

These 5 phases are:

CONFESSION	Isaiah 59:1,2 1John 1:9
THANKSGIVING	1Thessalonians 5:18 Ephesians 5:20
INTERCESSION	Job 42:10 James 5:16
PETITION	Matthew 21:22 1John 5:14,15
PRAISE	Psalms 107:8,15,21,31 Psalm 71:8

We begin by **confession** so that we can get on praying ground for God to hear our prayers. Confession means to agree with God, admitting our sins rather than trying to cover them.

Then we offer **thanksgiving** to God for things that He has done for us. We thank Him at all times and in all circumstances--even in trials and difficulties--for this is God's will for us.

陶申·特罗曼，一个基督徒组织的创始人，研究出一套培养的资料叫初信基要。那是一本含有四节经句的新信徒保证方面的小本子。

得救的应许

对所得的救恩的怀疑，是撒但对一个新信徒的第一个攻击。人的感觉是不断变换的，所以我们不能依赖人的感觉来作为与神的关系的保证。然而，如果背熟了**约翰福音5章24节**的信徒对救恩起疑惑时，这经句就肯定能使他确信得到按照**圣经中神的话的基础上**他有永生的保证。

得胜的应许

当信徒软弱，难以胜过一些困扰他的罪的时候，撒但就来攻击。这时候神的孩子必须又一次学习如何依靠圣经。背诵**哥林多前书10章13节**可帮助他抵挡撒但的攻击，并战胜罪。

赦免的应许

我们有时无法抵挡诱惑，犯罪得罪了神。那么这失败是否就意味着我们不再是神的儿女了呢？不，在孩子们违背了父母的意愿之后，父母仍然爱他们。在**约翰一书1章9节**里，神应许，只要我们认识到这点并来到神面前彻底认罪，他必赦免并洗净我们。

成就祈祷的应许

我们信徒可以通过耶稣基督直接与天父谈话。我们可以满怀信心地来到神面前，把我们自己生活的一切事情告诉神（**腓立比书4:6**）。背诵经文**约翰福音16章24节**，耶稣给我们应许，就是他回答我们的祈祷。

背诵经文方法

- 反复读经文，领会其中含义。
- 由标题和参考章节如得救的应许约翰福音5:24开始，将第一句反复背诵几遍。
- 当你记住之后，又与下一句连起来，并同标题、章节名一起反复说。
- 一句接一句直到你能记住整句经文为止。
- 每一次你复习经文时，先说标题、章节名，然后经文，最后又重复一次章节名。
- 这样反复在经文前后说章节名，能帮助你记住经文出自圣经何处。

记住经文的秘诀在于每天复习。每天复习经句，直到它成为你生命的一部分。随时携带你的卡片，以便空闲时使用。养成一辈子背经的习惯，若你学会在你自己的生活中应用经文会给你带来恩典力量。

quoting Scripture (*Matthew 4:1-11*). You can be equipped for your first encounters with the enemy by learning to memorize Bible verses. The memorized Word can become like a shield of faith and a sword (*Ephesians 6:16,17*).

Dawson Trotman, the founder of the Navigators organization, developed a follow-up tool called "Bible Rations." It was a small packet that contained 4 key verses on assurance needed by a new believer.

ASSURANCE OF SALVATION

One of Satan's first attacks on new Christians is to raise doubts about their salvation. Feelings are changeable, so we can't rely on them for assurance regarding our relationship with God. However, if doubts come to a believer who has memorized John 5:24, he will be assured through the verse that he has eternal life on the basis of God's promise in Scripture, which is sure.

ASSURANCE OF VICTORY

Sometimes Satan attacks the new believer when he is weak and has trouble standing against some besetting sin. Again the child of God needs to learn to rely on Scripture. Memorizing 1Corinthians 10:13 will help him meet this attack of Satan and gain victory over sin.

ASSURANCE OF FORGIVENESS

Sometimes we miss the "way of escape" and sin against God. Does failure mean that we are no longer a child of God? No, parents still love their child even though he disobeys them. In 1John 1:9, God promises full forgiveness when we name that sin and confess it to Him. He also cleanses us.

ASSURANCE OF ANSWERED PRAYER

A spiritual babe needs to learn that he can speak directly to his Heavenly Father through Jesus Christ. He can confidently enter God's presence and talk to Him about everything that affects his life (*Philippians 4:6*). In memory verse John 16:24, Jesus gives us the assurance that He will answer our prayers.

HOW TO MEMORIZE A VERSE

- Read the verse several times to get the meaning.
- Start with the topic and reference; Assurance of Salvation, John 5:24, and say it several times with the first phrase of the verse.
- Then when you can say that by heart, add the next phrase, and say the topic and reference together with both phrases.
- Continue phrase by phrase until you can say the entire verse from memory.
- Then each time you review the verse, state the topic, the reference, the verse, and the reference again at the end.
- By repeating the reference before and after the verse, it helps you remember the location of it in the Bible.

The key to successful Scripture memory is daily review. Review the verse every day until it becomes part of you. Carry cards with you so that they are handy for use during your spare time. Scripture memory can become a lifetime habit that will give you blessing and strength as you learn to apply the verses to your life.

第三课：灵修生活及祈祷

教学提纲：

复习	手的图解	家庭作业	学会祈祷之手示意图
检查	第二课圣经学习 希伯来书9:27, 以弗所书2:8-9 读经记录表(每天读一章) 读经重点记录(每周记三个要点)		第三课圣经学习 背诵彼得前书3:18, 约翰福音 3:16 读经记录表(每天读一章) 读经重点记录(每周记三个要点)
教学	祈祷之手示意图		开始用祷告记录 准备一个灵修计划

每日单独与神沟通能帮助你与神之间建立亲密的关系。神爱你并希望你经常与他交通。就如你和朋友交谈,能更好地了解你的朋友一样。神是个“人”而不是一个抽象的概念。

决定让基督作为你生活的中心吧。把每天与神独处和研读他的话语的时间和地点固定下来(*马可福音1:35*)。取代漫无目的的读经就是制定一个系统的,连贯的读经计划。可先从新约开始。另外,把你与神独处时所得的感想和祝福写在笔记本中也会很有帮助。

我们需要保持读经与祈祷的平衡。编一个祈祷的目录能帮助你更明确地向主祈求。当你得到上帝的回答,你的信心就会倍增。

祈祷之手

正如我们在上一课中用一只手描述抓住神话语的五种方法,同样,我们在这一课中也用一只手来描述祷告生活中五个必不可少的部分。当你祷告时,你就能荣幸地来到神的宝座,握住他的手。

五部分如下:

认罪	以赛亚书59: 1-2 约翰一书1: 9
谢恩	帖撒罗尼迦前书5: 18 以弗所书5: 20
代祷	约伯记42: 10 雅各书5: 16
祈求	马太福音21: 22 约翰一书5: 14-15
赞美	诗篇107: 8, 15, 21, 31 诗篇71: 8

我们由**认罪**开始,因为这是神垂听我们祈祷的前提。认罪的意思就是认同神,更确切地说就是承认自己的罪而不是遮盖它。

然后我们向上帝**谢恩**,感谢神为我们所做的一切。我们时时处处都要感谢神,甚至在艰难困苦时——因为这是他的旨意。

We should not just pray for ourselves but we should pray for others in our intercession:

- ◆for authorities 1Timothy 2:1,2
- ◆for lost souls James 5:20
- ◆for the sick James 5:16
- ◆for laborers to preach the gospel Matthew 9:36-38
- ◆for unsaved relatives Romans 10:1
- ◆for outsiders Romans 15:20
- ◆for missionaries Ephesians 6:19,20
- ◆for church members 1Thessalonians 1:2-3

To be effective in our prayers, there are 3 things to remember when we **petition**:

1. Ask in Jesus' name John 16:24
2. Ask in faith Matthew 21:22
3. Ask according to God's will 1John 5:14-15

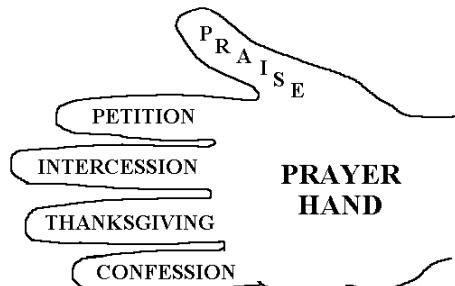
Praise: We thank the Lord for things He gives to us. We praise God for Who He is. We praise and worship Him because He is the true God who is full of mercy, love, truth and holiness; and He is the Source of all life and light and love.

Praise should link with other forms of prayer, just as the thumb with the fingers, to hold on to things.

We **praise** Him for His forgiveness.

We thank and **praise** Him for His great gift of salvation.

We **praise** Him as we intercede for others and as we voice our petitions.



Project: Determine a basic minimum period of time you should spend in a regular, consistent Quiet Time with the Lord. You may spend more time whenever you can, but faithfully maintain that basic minimum.

THE CROSS

1Peter 3:18 (NIV)
For Christ died for sins once for all, the righteous for the unrighteous, to bring you to God. He was put to death in the flesh but made alive by the spirit. 1Peter 3:18

BELIEVE

John 3:16 (NIV)
For God so loved the world that he gave his one and only son, that whoever believes in him shall not perish but have eternal life. John 3:16

第七课：初级培训及初信基要

教学提纲:

复习	福音桥示意图	家庭作业	学会初级培训及初信基要
检查	第六课圣经学习		第七课圣经学习
	罗马书5:8, 约翰福音1:12		背诵启示录3:20, 罗马书10:9-10
	读经记录表		继续读经记录表
	读经重点记录		继续读经重点记录
	祷告记录		继续祷告记录
教学	初级培训及初信基要		

初级培训

我们已经学过在我们相信耶稣是个人救主的瞬间，救恩就临到我们。从属灵的角度说，我们已出生在神的家庭里，但是灵命增长却是长期的，缓慢的。灵命的成熟不是一夜之间就能达到的。

引人作出决定才作了5%的工作，继续坚定他的决心要花95%的工夫。象婴孩需要母亲的抚爱和父亲的鼓励才能健康成长（帖撒罗尼迦前书2: 7, 11-12），灵性的婴孩也需要哺育和教导来促进灵性增长。圣经里有两种类型的培养：

- 1) **牧养式**---我们在教会里和其他的信徒团契，领受灵粮和规劝。耶稣对彼得说，“你喂养我的羊”（约翰福音21: 15-17）。彼得后来又叫一些教会领袖作牧者，牧养神的群羊（彼得前书5: 1, 4）。
- 2) **个人式**---人总是一个一个地到基督面前来的，人也需要个别的，单独的照顾，象婴孩一样。保罗个别地教导提摩太（提摩太后书2: 2），以及其他个人，如提多（提多书1: 4）。

我们也许只要用20分钟到几个小时领一个人归主，但却要用六个月到几年的时间帮助他在灵性上长大成人。鸵鸟不会理会亲生雏鸟，但是我们却要负责基督里的婴孩。培养后代的 工作要靠人来完成，下面有四种方法：

- 1) **书信**---保罗给个人写信培养，如提摩太和提多；还给许多的信徒写信，如罗马人，以弗所人。
- 2) **祈祷**---保罗为那些他要追踪培养的人的具体情况而祷告（帖撒罗尼迦前书3: 10-13），而不是笼统地求神祝福他们，因为神看各人都重要，所以你要提名为每个到主面前来的人祷告。
- 3) **个人接触**---保罗祈祷去看望罗马信徒，把属灵的能力分给他们（罗马书1: 11）。他不仅把福音传给帖撒罗尼亚人，连自己的性命也愿意给他们，因为他疼爱他们（帖撒罗尼迦前书2: 8）。
- 4) **派遣代表**---当保罗不能去歌罗西看望门徒时，就派提基古去帮助他们（歌罗西书4: 7-8）。同样，他还派提摩太去腓立比（腓立比书2: 19-24）和哥林多（哥林多前书4: 17）。

初级培训

作为一个新信徒你需要学习怎样读圣经及如何祷告。你成为神的儿女，同时，也成为撒但攻击的特别的目标。当时耶稣受试探时，每次都引用经上的话打败撒但（马太福音4:1-11）。你可以背诵经文去武装自己以抵挡仇敌。神的话只要牢记在耐罚就会成为你信心的盾牌，属灵的宝剑（以弗所书6:16-17）。

Lesson 7: FOLLOW-UP & ASSURANCES

LESSON OUTLINE:

Review	The Bridge Illustration	Assign	Learn Follow-up & Assurances
Check	Bible Study Lesson 6 Romans 5:8, John 1:12 Personal Reading Record Bible Reading Highlights Record Prayer Pages		Bible Study Lesson 7 Memorize Revelation 3:20, Romans 10:9-10 Continue Personal Reading Record Continue Bible Reading Highlights Record Continue Prayer Pages
Teach	Follow-up & Assurances		

FOLLOW-UP

We have learned that salvation is instantaneous when we put our faith in Jesus Christ as personal Savior. We are born into God's family. However, spiritual growth is a slow and long process. We do not become spiritually mature overnight.

Leading someone to a decision is 5%. Follow-up on the decision is 95%. Just as babies require a mother's loving care or a father's encouragement for physical growth (*I Thessalonians 2:7,11,12*), so spiritual babes need nurture and instruction for spiritual growth. In the Bible we see 2 **KINDS** of follow-up:

1. **PASTORAL**--In church, where we have fellowship with other believers, we receive spiritual food and exhortation. Jesus told Peter, "Feed my sheep" (*John 21: 15-17*). Peter in turn told the church leaders to be shepherds of God's flock under their care (*I Peter 5:1-4*).

2. **PERSONAL**--People come to Christ one by one; and they need individual, personalized care just as babies do. Paul instructed Timothy personally (*II Timothy 2:2*), as well as other individuals like Titus (*Titus 1:4*).

We can lead a soul to Christ in 20 minutes to a couple of hours, but it takes from 6 months to several years to bring him to spiritual maturity. An ostrich does not take care of its young (*Job 39:13-18*), but we are responsible to take care of our babes in Christ.

Follow-up is done through people, and there are 4 **METHODS** of follow-up:

1. **PEN**--Paul wrote follow-up letters to individuals like Timothy and Titus, as well as groups of believers like the Romans and the Ephesians.

2. **PRAYER**--Paul prayed specific requests for those he followed-up (*I Thessalonians 3:10-13*), not just general prayers that God would bless them. We need to pray by name, as each babe is important to God.

3. **PERSONAL CONTACT**--Paul prayed that he could visit the Roman believers and impart spiritual strength to them (*Romans 1:11*). He not only gave the gospel to the Thessalonians, but he shared his life with them because they were dear to him (*I Thessalonians 2:8*).

4. **PROXY**--When Paul couldn't visit the Colossian believers, he sent Tychicus to help them (*Colossians 4:7-8*). Likewise, he sent Timothy to the Philippians (*Philippians 2:19-21*) and the Corinthians (*I Corinthians 4:17*).

ASSURANCES

As a new believer you need to be taught how to read the Bible and pray. As God's child, you have become a special target of Satan's attacks. When Jesus was tempted, he defeated Satan each time by

代祷—我们不应只自私地为自己祈祷，而且应该替别人代祷。

为掌权者	提摩太前书2: 1-2
为未接受基督的人	雅各书 5: 20
为患病者	雅各书5: 16
为传道者	马太福音9: 36-38
为未得救的亲属	罗马书10: 1
为尚未听见福音的人	罗马书15: 20
为海外的传教士	以弗所书6: 19-20
为其他信徒	帖撒罗尼迦前书1: 2-3

祈求—神希望我们将我们所需的一切、我们的心愿都带到他的面前，交在他的手中。无论是为别人还是为自己，要有效地向神祈求，至少要记住三件事：

1. 奉基督耶稣的名求 约翰福音16: 24
2. 凭着信心求 马太福音21: 22
3. 按神的旨意求 约翰一书5: 14-15

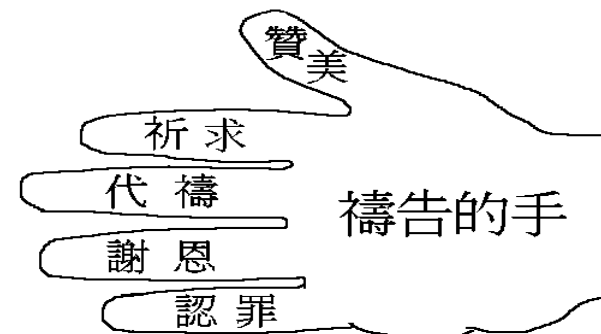
赞美—我们赞美神，因他所给予我们的一切，我们赞美他因他是神。我们称颂他因他是独一的真神，他充满怜悯，真爱，真理和圣洁；他是生命，光明和爱的源头。赞美能帮助我们更清楚如何向神求，更加坚定信他会成就我们的祷告。

赞美也应该和其余四个部分紧密结合，正如拇指要同其它几个指头配合才能抓牢东西一样。

我们赞美他因他宽恕。

我们感谢和赞美他因他赐福我们伟大的拯救。

我们赞美他因为我们可为其他人代祷，及因我们可高声祈求他。



计划：确定一段每天的基本时间，有规律、有连贯性地与神独处，若可能的话，可再多花点时间，但要认真地遵守该计划——保证每天的这段基本时间。

Bible Study Lesson 3: DEVOTIONAL LIFE AND PRAYER

- The real center of the prayer life of an individual is carried on in what way? (Matthew 6:6) _____

- What is an excellent time to seek fellowship with the Lord? (Psalm 63:1; 5:3) _____

- For whom is it our special privilege to pray? (Colossians 4:12; Ephesians 6:18; James 5:16) _____

- What should be our attitude and response regarding our enemies? (Matthew 5:44; Luke 23:34) _____

- John 17 is the great intercessory prayer of the Lord Jesus Christ. At least 8 definite requests (petitions) are made in verses 1, 5, 11, 17, 20, 21 and 24. List as many of the 8 as you can. _____

- What is one of Christ's definite commands for us to request of God? (Matthew 9:37,38) _____

- What importance did group prayer have in the early church? (Acts 1:14; 2:42; 12:5) _____

- Read through one or more of the following chapters by Paul the Apostle, and list the verses that show that Paul interceded for the saints. (The Bible refers to those who have trusted Christ as Savior as "saints.")
Romans 1 _____ Colossians 1 _____
1Corinthians 1 _____ 1Thessalonians 1 _____
2Corinthians 1 _____ 2Thessalonians 1 _____
Ephesians 1 _____ 2Timothy 1 _____
Philippians 1 _____ Philemon _____

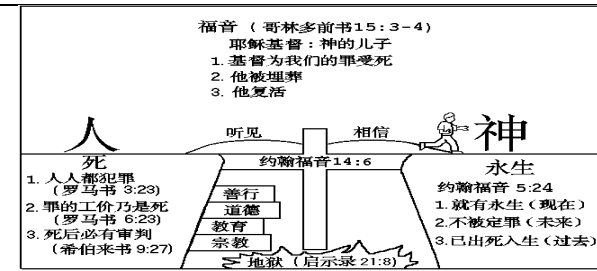
- 耶稣的名字“以玛内利”是什么意思? (马太福音1: 23) _____

- 为什么耶稣最终被钉在十字架上? (彼得前书2: 24) _____

- 耶稣钉死在十字架上后, 他的遗体在哪里? (约翰福音19: 41-42) _____

- 耶稣被埋在坟墓后的第三天发生了什么事? (马太福音28: 6-7) _____

第三图: 结束: 人的反应



- 我们怎样能得永生? (约翰福音5: 24) _____

- 根据圣经, 我们要得救必须相信什么? (哥林多前书15: 3-4) _____

- 人若心里相信又求告主名, 就必怎样? (罗马书10: 9, 10, 13) _____

- 人若相信又让耶稣进入心中, 他便会怎样? (约翰福音1: 12) _____

- 你成为神的孩子没有? _____ 什么时候? _____

福音: 十字架

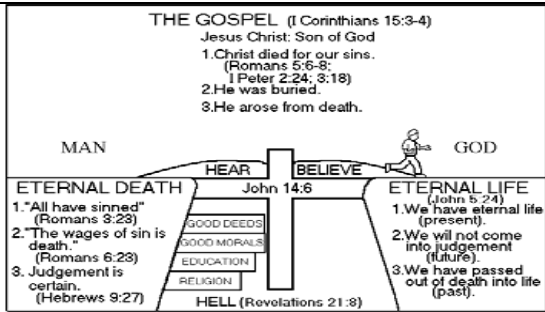
罗马书5:8
惟有基督在我们还作罪人的时候为我们死; 神的爱就在此向我们显明了。
罗马书5:8

福音: 相信

约翰福音1: 12
凡接待他的, 就是信他名的人, 他就赐他们权柄作神的儿女。
约翰福音1: 12

10. What does Jesus' name "Immanuel" mean? (Matthew 1:23) _____
11. Why did Jesus hang on the cross to die? (1Peter 2:24) _____
12. Where was His body laid after Jesus died on the cross? (John 19:41,42) _____
13. What happened 3 days after Jesus' body was buried in the grave? (Matthew 28:6,7) _____

QUESTIONS FOR CONCLUSION: Man's Response



14. How can we obtain eternal life? (John 5:24) _____
15. According to the Scriptures, what must we believe for salvation? (1Corinthians 15:3,4) _____
16. If a person believes and prays to God, what will happen? (Romans 10:9,10,13) _____
17. What happens to one who truly believes and invites Jesus into his heart? (John 1:12) _____
18. Have you become a child of God? _____ When? _____

THE GOSPEL: THE CROSS

Romans 5:8 (NIV)
 But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.
 Romans 5:8

THE GOSPEL: BELIEVE

John 1:12 (NIV)
 Yet to all who received him, to those who believed in his name, he gave the right to become children of God.
 John 1:12

第三课圣经学习：灵修生活及祈祷

1. 个人的祷告生活是怎样进行的? (马太福音6: 6) _____
2. 一天中哪一段时间与主相处较好? (诗篇63: 1; 5: 3) _____
3. 我们有幸能为什么人祷告呢? (歌罗西书4: 12; 以弗所书6: 18; 雅各书5: 16) _____
4. 我们应该以什么态度对待我们的敌人? (马太福音5: 44; 路加福音23: 34) _____
5. 约翰福音17章是主耶稣为别人代祷的最好的例子。至少有八个代祷方面出现在1, 5, 11, 17, 20, 21和24这几节经文。请尽量把这八方面一一列举出来: _____
6. 基督明确地命令我们向神祈求的其中之一是什么? (马太福音9: 37-38) _____
7. 团体祷告对早期教会有如何的重要性? (使徒行传1: 14; 2: 42; 12: 5) _____
8. 阅读使徒保罗所写的下列章节, 并列出其中保罗为圣徒祷告的章节 (圣经将信奉耶稣的人称为“圣徒”)。
 罗马书1 _____ 歌罗西书1 _____
 哥林多前书1 _____ 帖撒罗尼迦前书1 _____
 哥林多后书1 _____ 帖撒罗尼迦后书1 _____
 以弗所书1 _____ 提摩太后书1 _____
 腓立比书1 _____ 腓利门书 _____

福音：十字架

彼得前书3: 18
 因基督也曾一次为罪受苦, 就是义的代替不义的, 为要引我们到神面前。按着肉体说, 他被治死, 按着灵性说, 他复活了。
 彼得前书3: 18

福音：相信

约翰福音3: 16
 神爱世人, 甚至将他的独生子赐给他们, 叫一切信他的, 不至灭亡, 反得永生。
 约翰福音3: 16

Lesson 4: THE TIMOTHY PRINCIPLE

LESSON OUTLINE:		
Review	Hand of Prayer Illustration	Assign Learn Timothy Principle
Check	Bible Study Lesson 3 1Peter 3:18, John 3:16 Personal Reading Record Bible Reading Highlights Record Prayer Pages, Quiet Time Plan	Bible Study Lesson 4 Memorize 2Timothy 2:2, John 15:16 Continue Personal Reading Record Continue Bible Reading Highlights Record Continue Prayer Pages
Teach	The Timothy Principle	

God wants every Christian to be fruitful. Jesus says, "I have chosen you... to go and bring forth fruit, and that your fruit should remain..." (John 15:16). A fruit tree bears fruit and each fruit has a seed to reproduce itself. You as a Christian should reproduce by helping to bring souls to Jesus. These new Christians should grow and mature so that they in turn can bring others to Christ. This is your duty. This is your destiny. Your life becomes fruitful when you bring others to Christ. They then in turn will reach others.

This principle is set forth in Paul's instructions to Timothy. We call it "The Timothy Principle". Paul states, "And the things that thou hast heard of me among many witnesses, the same commit thou to faithful men who shall be able to teach others also" (2Timothy 2:2). There it is. Paul tells his spiritual son to pass on the instructions he has received to "Faithful men". These men in turn will be able to teach others.

God's first commandment to Adam and Eve in the garden of Eden was "To be fruitful and multiply" (Genesis 1:28). God made everything to produce after its kind. Adam and Eve produced children after their likeness. Everything in this world that lives--trees, animals, people--must reproduce or die out. God said the seed of reproduction is within. It was placed there by God.

The principle of fruit bearing was also taught by Jesus to His disciples. Every branch in Christ should bear fruit (John 15:5). Every child of God should become a fruitful disciple, and in turn produce other fruitful disciples. "Yes," you may say, "I want to become a fruitful disciple. Where do I begin?" You begin by becoming a true disciple. Jesus tells us that the branch can only be fruitful as it is vitally linked to the vine. The life that produces fruit comes from the trunk to the branches or from the root to the vine. Every Christian must be vitally linked to Jesus Christ. Jesus says, "Abide in Me" (John 15:4).

"How do I abide in Jesus?" A study of John 15 will show us. First, His words are to abide in us. The Word of God needs to be in our hearts and minds. In previous lessons you learned various methods to get a firm and vital grasp on the Word of God.

Second, we abide in Christ through faithful prayer. Jesus says, "If ye abide in Me and My Words abide in you, ye shall ask what ye will, and it shall be done unto you" (John 15:7). Third, we abide in Him as we keep His commandments (John 15:10).

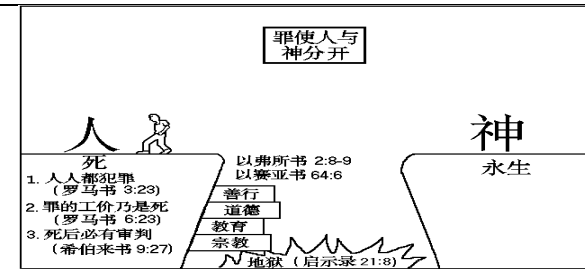
Those who faithfully abide in Him will bring forth the fruit of reaching other lives who are true to Jesus (John 15:16). There it is! A true disciple is one who abides through the Word, Prayer and Obedience. Then there will be the fruit of bringing others who will in turn follow Jesus. They will also bear fruit.

(Sound familiar? Look again at the Wheel Illustration!)

You now have all the tools you need to be a fruitful disciple. All that remains is to bring a friend to Jesus and lead him into a mature relationship with Jesus. He then will be able to bring others to Christ.

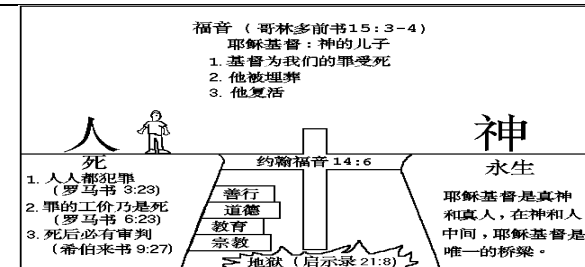
第六课：福音桥圣经学习

第一图：坏消息：人的问题



1. 谁犯了罪？(罗马书3: 23) _____
2. 谁不能与耶稣同进天国？(约翰福音8: 24) _____
3. 律法本是叫人知道什么？(罗马书3: 20) _____
4. 神怎样对待世上的智慧和哲学？(哥林多前书1: 19) _____
5. 谈到救恩，神怎样对待其他宗教及传统？(马可福音7: 7) _____
6. 罪的结果是什么？(罗马书6: 23) _____
7. 人死后必有什么？(希伯来书9: 27) _____
8. 神怎样对待拒绝相信耶稣的人？(帖撒罗尼迦后书1: 8-9) _____

第二图：好消息：上帝的解决方法



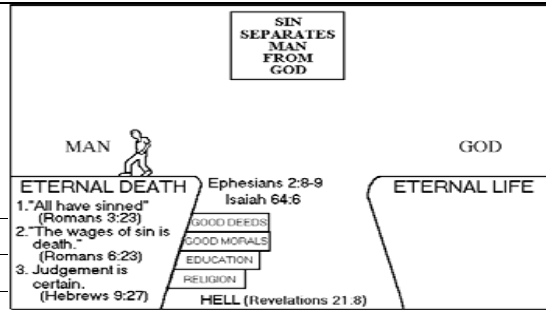
9. 耶稣的母亲玛利亚是怎样怀孕的？(马太福音1: 18) _____

Bible Study Lesson 6: THE BRIDGE BIBLE STUDY

第四课：提摩太原则

QUESTIONS FOR BAD NEWS: Man's Problem

- Who has committed sin? (Romans 3:23) _____
- Who cannot go with Jesus into Heaven? (John 8:24) _____
- What does the law cause people to know? (Romans 3:20) _____
- What is God's view of worldly wisdom and philosophy? (1Corinthians 1:19) _____
- How does God regard religions and traditions in connection with obtaining salvation? (Mark 7:7) _____
- What is the result of sin? (Romans 6:23) _____
- What happens after death? (Hebrews 9:27) _____
- How will God treat those who refuse to believe in Jesus? (2Thessalonians 1:8,9) _____



教学提纲:

复习	祈祷之手示意图	家庭作业	学会提摩太原则
检查	第三课圣经学习		第四课圣经学习
	彼得前书3:18, 约翰福音3:16		背诵提摩太后书2:2,
	读经记录表		约翰福音15:16
	读经重点记录		继续读经记录表
	祷告记录, 灵修时间计划		继续读经重点记录
教学	提摩太原则		继续祷告记录

神要求每个基督徒都结硕果。耶稣说：“我拣选了你们……分派你们去结果子，叫你们的果子常存……”（约翰福音15:16）。果树要结果子，果核通常是再繁殖的种子。作为基督徒，你们要引人归主——繁殖属灵后代。等到你们的属灵后代长大成人，他们又领别人归主。这是你们的责任，是你们一生的任务。当你们引人归主时你们的生活就会变得硕果累累，他们同样也会引导更多的人。

这个原则保罗在给提摩太的教导中已告诉了我们，我们把它叫做“提摩太原则。”保罗说：“你在许多见证人面前听见我所教训的，也要交托那忠心能教导别人的人”（提摩太后书2:2）。在这里保罗告诉他的属灵儿子，把所领受的教训传给那些“忠心的”又“能教导别人”的人。

神在伊甸园里给亚当，夏娃的第一条命令是：生养众多（创世记1:28），神使一切生物繁殖要各从其类，所以亚当，夏娃照着自己的样子生儿育女。世界上的生物，树木，动物和人都有繁殖，不然就会绝种。神说：生育的种子是在生物体内，是神放在那里的。

耶稣也教门徒这结果子的原则，基督里的每一根树枝都要结果子（约翰福音15:5）。神的儿女都要作结果子的门徒，所结的果子又将会繁殖，结更多的果子。你也许会说：“对，我要为主作个结满果子的门徒，怎么开始呢？”从作一个真正的门徒开始。耶稣告诉我们：“枝子若不紧连在树根茎上，自己就不能结果子。”结果子的生命来源于树干和树根。所以每个基督徒必须活在主基督的生命里。耶稣说：“你们要常在我里面”（约翰福音15:4）。

“怎样住在基督里呢？”好好学习约翰福音15章就明白。首先，让神的话住在我们心里，占据我们的内心世界。在前面的课程中，你们已学会紧紧抓牢神的话的多种方法。

其次，通过不断的祷告，住在基督里。耶稣说：“你们若常在我里面，我的话也常在你们里面。凡你们所愿意的，祈求就给你们成就”（约翰福音15:7）。其三，遵守主的命令，住在主的爱里（约翰福音15:10）。

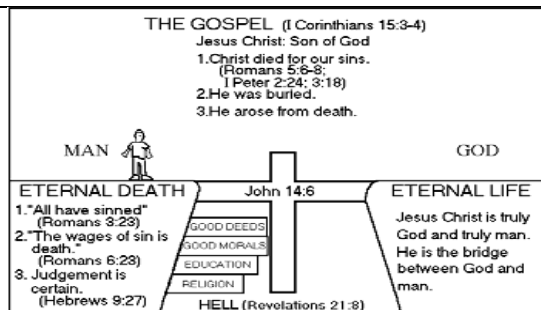
那些敬虔地住在主里的人，就能在帮助他人成为敬虔的基督徒的方面结满果子（约翰福音15:16）。你看，真正的门徒是那些通过紧握神的话语，祷告，遵守主的命令而住在主里的人。他们结果子引其他人归主。归主的人又结更多果子。

（听起来很熟悉吧？再看看车轮的图示！）

现在你已经有了为成为一个结硕果门徒所有所需的工具。剩下的就是引导一位朋友归基督，并带领他（她）与主建立牢固的关系。他（她）将会引更多的人归主。

QUESTIONS FOR GOOD NEWS: God's Solution

- In what way did Mary conceive Jesus? (Matthew 1:18) _____



Bible Study Lesson 4: THE TIMOTHY PRINCIPLE

1. What was the first thing God told Adam and Eve to do? (Genesis 1:28) _____

2. God created man and woman equally by a separate act of creation. In what form were they created? (Genesis 1:26,27) _____

3. Apple trees will always produce apples. Dogs reproduce puppies. Cats reproduce kittens. There can be no evolution of species. Why? (Genesis 1:11) _____

4. What kind of tree will bring forth good fruit? (Matthew 7:17,18) _____

5. What kind of Christian will bear fruit? (John 15:4) _____

6. Four ways to abide in Christ:
John 15:7 _____
John 15:7 _____
John 15:10 _____
John 15:16 _____
7. To what kind of people should Timothy pass on the instruction he had received from Paul? (2Timothy 2:2) _____

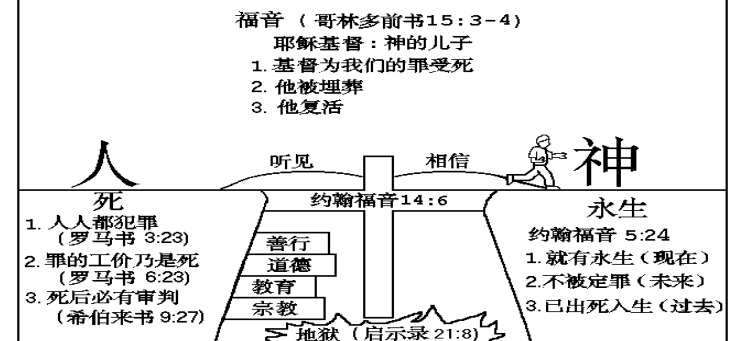
8. What should these people do? (2Timothy 2:2) _____

TIMOTHY PRINCIPLE

2Timothy 2:2 (NIV)
And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others.
2Timothy 2:2

John 15:16 (NIV)
You did not choose me, but I chose you and appointed you to go and bear fruit--fruit that will last. Then the Father will give you whatever you ask in my name.
John 15:16

结束: 人的反应



虽然耶稣为拯救所有人而死，可惜并非所有人都得救，原因何在？就是因为神不会勉强你去相信。你有选择权；这个重大的选择将会决定你永远的命运。究竟怎样才能得拯救呢？

耶稣说：“那听见我又信差我来者的，就有永生，不至于定罪，是已经出死入生了”（约翰福音5：24）。现在你已听到耶稣的话语，但你必须真的相信才获得永生。

相信什么呢？相信耶稣为你的罪过钉死在十字架上，埋葬了，又从死里复活过来，相信他真是神的儿子，并且接受他成为你个人的救主。当你这么做，你就有永生了。将来你不会被神定罪或送到地狱里去，因为你以前，现在和将来所犯的罪都已通通被神赦免，是被耶稣在十字架上流的宝血所遮盖，你实实在在可以出死入生。

耶稣说：“看哪，我站在门外叩门，若有听见我声音就开门的，我要进到他那里去，我与他，他与我一同坐席”（启示录3：20）。耶稣在你心外叩门，愿意打开你的心门，邀请耶稣进来，就是信主。

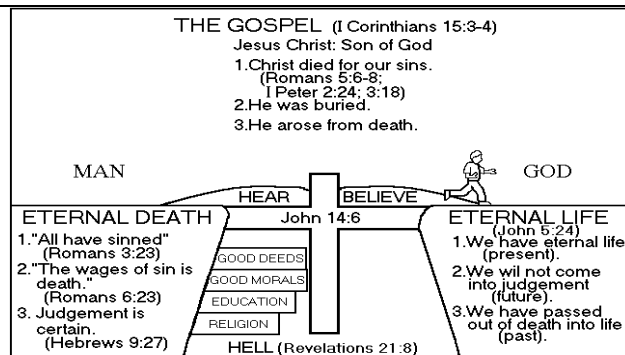
现在你已经听见了福音，该明白几个具体的问题：

1. 你明白刚才所说的吗？
如果你还未弄清福音的基本事实，你就不会有信心的基础。因为信道是从听道来的，听道是从基督的话来的（罗马书10：17）。
2. 你愿意相信吗？
人得救是因着信，但信与不信是由你的个人意志来作出选择的。
3. 你愿意开声祷告求基督进入你的心吗？
因为“凡求告主名的人就必得救”（罗马书10：13）。
—要得救必须敞开心怀，
—必须心情激动，
—必须改变心志。

请用你自己的话语，作类似以下的祷告吧：“**亲爱在天上的父，我承认我是一个罪人，应当接受你的审判和定罪。但我相信你爱我，并且曾差遣耶稣来为我的罪而死，在十字架上。现在恳求耶稣进入我的心里。赦免我的罪，并赐给我永远的生命。阿们。**”

Scriptures; and that He was buried, and that He arose again the third day according to the Scriptures" (1Corinthians 15:3,4).

CONCLUSION: Man's Response



Jesus died to save all men, yet all men are not saved. Why? Because God will not force you to believe. You have a choice, and that choice will determine your eternal destiny. How can you be saved? Jesus says, "I tell you the truth, whoever

hears my words and believes him who sent me has eternal life and will not be condemned; he has crossed over from death to life"

(John 5:24 NIV). Since you have already heard Jesus' words, you must only believe in order to possess eternal life.

Believe what? Believe that Jesus died on the cross for your sins, was buried and rose again from the dead. Believe He is truly the Son of God, and accept Him as your personal Savior. When you do so, you have everlasting life. You will not be judged by God in the future or sent to hell, because all your past, present and future sins have been forgiven by God and covered by the blood of Jesus that was shed on the cross. You have indeed already passed from death to life.

Jesus says, "Here I am! I stand at the door and knock. If anyone **hears** my voice and **opens the door**, I will come in and eat with him, and he with me" (Revelation 3:20 NIV). Jesus knocks at the door of your heart. To believe is to "Open the door" and invite Jesus in.

Now that you have heard the Gospel, you need to answer several specific questions:

- Do you understand this?**
If you don't understand the basic facts of the gospel, you have no basis for faith. "Faith comes by hearing, and hearing by the Word of God" (Romans 10:17).
If you do understand this presentation, then...
- Are you willing to believe right now?**
Through faith alone you are saved; it is a personal decision of the will--your will.
If you are willing to believe now, then...
- Will you pray aloud and ask Christ to come into your heart?**
"For whosoever calls on the name of the Lord shall be saved" (Romans 10:13). To be saved:
-the mind must be enlightened,
-the emotions must be stirred,
-the will must be changed.

Pray in your own words something like this: **Dear Father in heaven, I acknowledge that I am a guilty sinner and deserve Your judgment. But I believe that You loved me and sent Your Son, Jesus, to die on the cross for my sins. I pray that Jesus will come into my heart, forgive my sins, and give me eternal life. Amen.**

第四课圣经学习：提摩太原则

- 神叫亚当，夏娃作的第一件事是什么？（创世记1:28）_____
- 神平等地分先后地创造了男人和女人，人是按照什么样式造成的呢？（创世记1:26-27）_____
- 苹果树结苹果，狗生小狗，猫生小猫，不会有物种进化，为什么？（创世记1:11）_____
- 什么树会结好果子？（马太福音7:17-18）_____
- 什么样的基督徒才会结果子？（约翰福音15:4）_____
- 四个住在基督里面的方法：
约翰福音15:7 _____
约翰福音15:7 _____
约翰福音15:10 _____
约翰福音15:16 _____
- 提摩太从保罗领受的教训要传给什么样的人？（提摩太后书2:2）_____
- 那些人要做什么？（提摩太后书2:2）_____

提摩太原则

提摩太后书2:2
你在许多见证人面前听见我所教训的，也要交托那忠心能教导别人的人。
提摩太后书2:2

约翰福音15:16
不是你们拣选了我，是我拣选了你们，并且分派你们去结果子，叫你们的果子常存。使你们奉我的名，无论向父求什么，他就赐给你们。
约翰福音15:16

Lesson 5: BRING A FRIEND TO JESUS

LESSON OUTLINE:

Review	Timothy Principle	Assign	Learn Bring a Friend to Jesus
Check	Bible Study Lesson 4 2Timothy 2:2, John 15:16 Personal Reading Record Bible Reading Highlights Record Prayer Pages		Bible Study Lesson 5 Memorize 1Peter 3:15, James 5:20 Continue Personal Reading Record Continue Bible Reading Highlights Record Continue Prayer Pages
Teach	Bring a Friend to Jesus		

The Bible tells the story about 4 leprous beggars who lived in a city where the people were starving. The city was surrounded by a strong army, and there was no food left even in the king's household. So the beggars reasoned among themselves, "If we stay in the city, we will die of hunger. Come, let us go into the camp of the enemy, the Syrian army. If they save us alive, we shall live; but if not, we are going to die anyway."

So the four beggars went by night into the enemy camp to beg for food. What they did not know was that the Lord had visited the enemy camp that night and terrified the soldiers, who fled in panic to escape death and left everything behind. So when the beggars arrived at the enemy tents they found vast quantities of spoils-- food, clothing, gold, silver.

They thought, "Aren't we lucky! Let us eat and drink and gather all these treasures for ourselves." And so the beggars banqueted on the food and drink. They discarded their rags for expensive clothing. Then they entered a tent and gathered silver, gold and valuables which they hid in the ground outside. They went into another tent to gather more riches for themselves.

Suddenly one of the beggars said, "Fellows, we are doing wrong. Here we are eating and gorging ourselves while the people in the city are starving and dying. They do not know the Lord has defeated the enemy. They do not know God has provided all these things. If we delay here until sunrise, God will judge us. Come, let us go and tell the city that the Lord has brought salvation." Thus the beggars became messengers of the "good news" and the city was saved.

This true story, recorded in 2Kings Chapter 7, is a vivid allegory showing our duty to share the message of the Good News of Salvation with others who are without this knowledge.

The gospel of salvation is not just for us, so we can selfishly enjoy all the blessings of God, but it should flow through us to others. As Christians we should not be like a sponge soaking up God's goodness ourselves, but rather like a channel through which the gospel flows freely to others.

The Apostle Paul stated, "I am a debtor." He had a great burden upon him after receiving God's salvation. To whom was Paul in debt? Not to God, because salvation is free! Jesus freely died on the cross for our sins and we freely receive Jesus by grace through faith. But Paul was in debt to people who had not heard this gospel. Paul said, "Woe is me if I do not preach the gospel of Christ." It is our sacred duty and obligation to tell others about Jesus.

How do we do this? We can begin by making friends for the purpose of introducing them to Jesus. How do we make friends? The Bible says, "A man that has friends must show himself friendly" (Proverbs 18:24).

There are numerous examples of personal witnessing in the Bible. First is the example of Jesus himself. To the horror of the

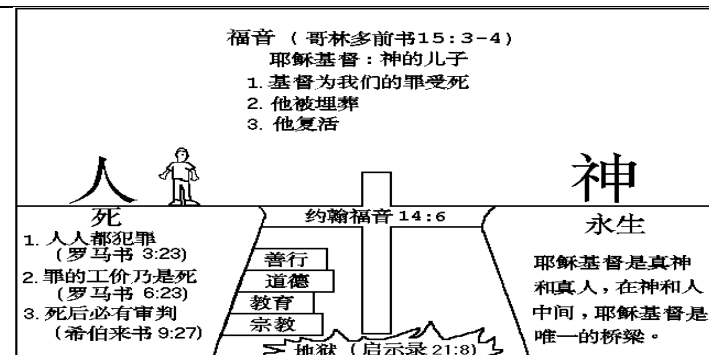
是, 无论佛教、道教、印度教、伊斯兰教、犹太教、天主教、还是基督教都不能宽恕我们的罪并拯救我们的灵魂。仅仅只有上帝能够赦免我们的罪拯救我们的灵魂。罪人不需要更多的宗教, 只需要一位救主。

人不仅都有罪, 而且罪的结果就是死亡。“因为罪的工价乃是死” (罗马书6:23)。神创造人的目的不是让人死, 乃是要让人与神交通。可惜亚当的罪, 破坏了人与神的交通, 人已继承了死亡。

还有, 圣经告诉我们“按着定命, 人人都有一死, 死后且有审判” (希伯来书9:27)。神的审判必然来临, 这是无法逃避的, 每个人在全能的神面前受审判, 那些还没有得到神赦免的人将被送到地狱去, 这个地方是为魔鬼撒但和他的使者预备的 (马太福音25:41)。

这是一幅可怕的图画! 人无法凭自己的努力进入天堂, 只有无助地等待着灭亡的降临。人与神隔绝, 又被自己所犯的罪指控, 处死, 罪...死亡...审判...地狱, 人陷入绝望中 (以弗所书2:12)。

好消息: 上帝的解决方法



但是, 在这幅图里我们可见神显明他伟大的爱给我们提供了脱离苦海的路。在创造世界之前, 神按照自己的方法设计了一条路, 使他迷路的儿女能够回到他的面前。只有一个人可以把神和世人连在一起, 这个人是属于神, 也是属于人的, 如果他不是人就不能代表我们; 如果他不是神, 就不能拯救我们。

因此神差他的独生子--耶稣基督--降临到世上。他是玛利亚的儿子, 也是借着圣灵而生的神的儿子, 他不是一部分是人而另一部分是神, 他是真正的人, 也是真正的神, 在神学上, 他被称为“真神”和“真人”。只有他一个有资格救我们, 他就是主耶稣基督。

耶稣行了许多奇妙的神迹, 但是他的神迹并不能拯救我们。他教导了很多美妙的教学, 但是依照耶稣的德育教诲行事并不能拯救我们。他医治了很多人, 但是身体的治疗并不保证灵魂痊愈。现实就是他一生所做的奇迹并不能拯救我们。耶稣的生命证明了他是上帝的儿子, 但是为了我们的拯救还需要再多一点。

为了我们的罪耶稣必须被钉死在十字架上。这是多么的奇妙! 在十字架上耶稣为我死, 为你死, 耶稣的十字架是一个由死到永生的桥。

耶稣不仅为我们的罪而死, 而且他从坟墓复活, 所以我们可以称义 (罗马书4:25), 并且可以永远作为上帝的儿女而活着。这就是福音, 是历史的福音。“...就是基督照圣经所说, 为我们的罪死了。而且埋葬了; 又照圣经所说, 第三天复活了” (哥林多前书15:3, 4)。

Religion is good; it offers good advice. Religion tells us what we should do and should not do. But religion whether Buddhism, Daoism, Hindu, Islam, Jewish, Catholic or Protestant cannot forgive our sins and save our souls. Only God can do that. Sinful man does not need more religion. He needs a Savior.

Not only have all men sinned, but the result of sin is death. "For the wages of sin is death" (Romans 6:23). Man was not created to die but to live in fellowship with God. Yet because of Adam's sin, man inherits death.

And that is not all. The Bible tells us "...it is appointed unto men once to die, but after this the judgment" (Hebrews 9:27). Judgment is certain...it is inevitable. Every person is judged by the Almighty God, and those whose sins are not forgiven are sent to hell, a place that was originally prepared for Satan and his demons (Matthew 25:41).

It is a terrible picture. Man cannot bridge the gap to heaven. Left to his own devices, man is helpless. Man is cut off from God and condemned by his own sins. Sin... death... judgment... hell. Man's condition is hopeless (Ephesians 2:12).

GOOD NEWS: God's Solution

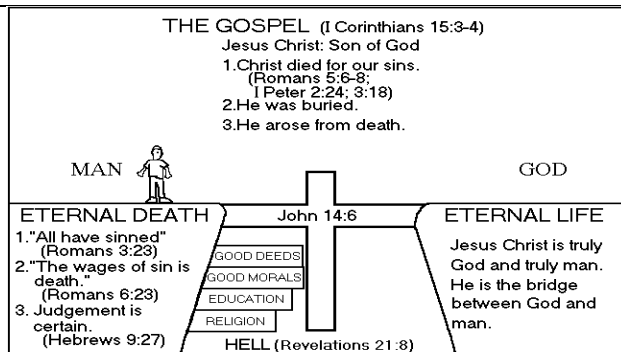
In this picture, however, we see that God in His great love provided a way of deliverance. God had a wonderful plan designed before the world began to bring sons and daughters back to live with Him forever. Only one man could bridge the gap that separated man from God. That man must belong both to man and to God. If he is not man he cannot represent us; if he is not God, he cannot save us.

So God sent His only Son, Jesus Christ, to be born as a man. Jesus is the Son of Man born of Mary, and the Son of God conceived through the Holy Spirit. He is not part man and part God, but 100% man and 100% God. In theology He is called "Very God" and "Very Man." There is but one qualified to become our Savior, the Lord Jesus Christ.

This man Jesus did many wonderful miracles, but we are not saved by the miracles of Jesus. He taught many beautiful lessons, but we are not saved by following the ethical teachings of Jesus. He healed many people from their sickness, but the healing of the body does not guarantee the healing of the soul. The fact is that we are not saved through all those marvelous things that Jesus did in His life. The life of Jesus demonstrated that He was the Son of God; but more is necessary for my salvation.

Jesus Christ had to die on the cross for my sins. Oh, the wonder of it all! Jesus died for me, and for you. The cross of Christ is the bridge from death to eternal life.

Yet Christ not only died to pay for my sins, He arose from the grave that I might be made righteous (Romans 4:25) and might live forever as a child of God. This is the Good News, the historic gospel, "...that Christ died for our sins according to the



第五课：带一个朋友归主

教学提纲:

复习	提摩太原则	家庭作业	学会带一个朋友归主
检查	第四课圣经学习 提摩太后书2:2, 约翰福音15:16 读经记录表 读经重点记录 祷告记录		第五课圣经学习 背诵彼得前书3:15, 雅各书5:20 继续读经记录表 继续读经重点记录 继续祷告记录
教学	带一个朋友归主		

圣经里有个故事，四个麻疯病乞丐在一座城里，城被大军包围，食物将尽，城里的人在挨饿，甚至王室也不例外。所以四个乞丐彼此说：“若在这里坐着不动，也必是死。走吧，让我们去向敌人投降。他们若留我们的性命，就活着；若杀我们，就死了罢。”

于是，四个乞丐当夜出城到敌营去找食物。谁知那天夜里主已到过敌军营地，敌军惊慌逃命把自己随身的一切都撇下不管了。当乞丐们来到时，看见遍地是乱扔的东西——食物，衣物，金，银等不可胜数。

他们想：“真走运！吃吧，喝吧！把这些财宝收起来。”于是大吃大喝一顿，脱下身上的破衣服，换上好衣衫。再到另一座帐篷，捡地上的金，银和贵重物品埋在外面的地下。再到另一座帐篷中去，去的帐篷越多，收获越大。

忽然，一个乞丐说：“伙计们，我们所作的不好。我们竟然在这吃喝又发横财，而城里的人却饥饿将要死去。他们还不知道主已击败了敌人，也不知道主已预备了所有的一切。我们若在此耽误到日出之时，神必要审判我们。走，让我们把主救恩的消息带回城去吧。”于是，乞丐们成了福音的使者，全城都得救了。

这是一个真实的故事，记载在列主记下第7章。它生动地指出了我们的责任——就是要把救恩的消息告诉那些没听说过福音的人。

救恩和福音不是只留给我们自己享受的，而应该通过我们传遍四方。基督徒不要像海绵，只管自己吸取救恩。而要像水渠，让福音通过我们流进许多人的心田。

使徒保罗说：“我是一个欠债的人。”在他得到神的救恩之后，他也就为福音的重担所压。那保罗欠了谁的债呢？不是欠神的，因为救恩是白白得来的！耶稣无偿地为我们的罪被钉死在十字架上，我们也因着感恩凭着信而白白地得到耶稣。实际上，保罗是欠了那些没听到过这福音的人的债。保罗说：“若不传基督的福音，我便有祸了。”把耶稣介绍给别人是我们神圣的责任和义务。

我们该怎么开始呢？我们可以从引人归基督的目的来交朋友做起。怎么交朋友呢？圣经说：“但一有朋友，比弟兄更亲密”（箴言18:24）。

在圣经里个人见证的例子很多。耶稣自己就是一个很好的例子。例如：耶稣跟“税吏和罪人”交朋友，使假冒伪善的宗教领袖心惊胆颤。而平民百姓则高兴地聚集在他身边，小孩们坐在他膝上听他讲道。他有时也请人帮他忙，比如他向一个在旁边的撒玛利亚妇人要水喝（约翰福音4）。

hypocritical religious leaders, Jesus was a friend of "publicans and sinners." The common people flocked to hear Him gladly. Little children came to sit in His lap. Sometimes He would ask a simple favor of someone, as He did with the Samaritan woman by the well, when he asked her for a drink of water.

In this world today, there are many people who are lonely for friendship. Reach out and make a friend. The Great Commission commands us to go into the world to witness for Jesus.

Jesus prayed that His disciples might be "in the world but not of the world" (John 17:14-16). Our lives as Christians should be different from those in the world. The New Testament gives clear instructions that we should walk lovingly and blamelessly in the midst of a crooked and perverse world (Philippians 2:15,16).

So we make a friend and treat him with love and kindness. But don't stop there. Bring that friend to Jesus. The disciple Andrew brought his brother Peter to the Lord. Andrew did not preach many sermons and did not get the promise that Peter did, but he brought Peter to Jesus. Begin now. Invite a friend to your Church, to your youth fellowship or to a gospel meeting.

BRING A FRIEND TO JESUS

1Peter 3:15 (NIV)
But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.
1Peter 3:15

James 5:20 (NIV)
Remember this: Whoever turns a sinner from the error of his way will save him from death and cover over a multitude of sins.
James 5:20

第六课：福音桥示意图

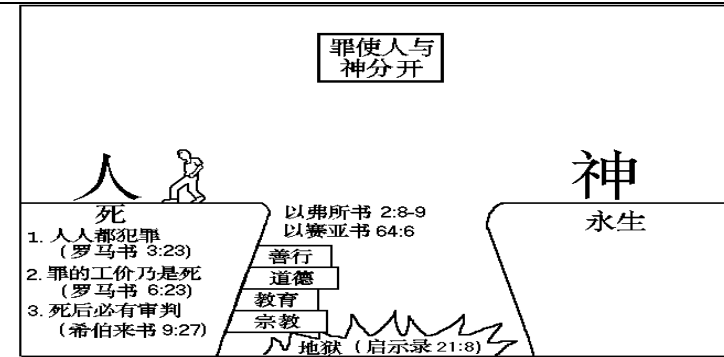
教学提纲：

复习	带一个朋友归主	家庭作业	学会福音桥示意图
检查	第五课圣经学习		第六课圣经学习
	彼得前书3:15, 雅各书5:20		背诵罗马书5:8, 约翰福音1:12
	读经记录表		继续读经记录表
	读经重点记录		继续读经重点记录
	祷告记录		继续祷告记录
教学	福音桥示意图		

我们既要从行为又要从口头来做见证。我们的生活应该能引人来到耶稣的面前，但只有福音才能拯救人。所以每个基督徒应该学会怎样给别人清楚简单地解释得救的计划。葛培理说过：“我向几千人传福音，但是人人都是一个一个地归向耶稣。”所以在教会或布道大会上福音传出去之后，重要的就是有人给寻求者个人地解释福音，个人地回答他的问题，并且跟他一起个人地祷告。

这节课所讲的福音桥就是一个“一对一”传福音的方法。一个借着福音桥解释福音的方式描述如下：

坏消息：人的问题



在这图里，人与神是分开的，可是开始的时候人与神有交通，神与亚当曾住在伊甸园中，后来因为亚当和夏娃都犯了罪，所以人与神分开了。圣经在罗马书前三章教导，不管是出生于非基督徒家庭还是出生于基督徒家庭，我们都犯了罪。“因为世人都犯了罪，亏缺了神的荣耀”（罗马书3:23）。

人想靠自己建筑很多“桥梁”，想用它们通往天国。为了去到天堂，人们最常使用的方法是靠自己的好行为。但是在圣洁的神的眼里，我们的好行为好象肮脏的破布一样（以赛亚书64:6）。

很多人想靠高尚的道德到达神那里，但是事实上没有人可以完全按照自己的道德标准生活，更谈不上上帝的道德标准。人甚至不能遵守神的基本法令“十大诫命”。问题在于人的心里诡诈（耶利米书17:9）。

依靠教育也不行。因为知识越多就增加我们的负罪感。上帝并不仅仅因为我们知道了真理就原谅我们的罪过。“原来在神面前，不是听律法的为义，乃是行律法的称义”（罗马书2:13）。有人会说，“肯定教会会拯救我们。”不，就算是宗教也不会将我们重新与活神和好。宗教是件好事，能提供好的忠告。它告诉我们什么该做，什么不该做。但到耶稣那里的（约翰福音1:35-42）。因此，从现在起邀请一个朋友到你的教会，或你的青年组的团契，或福音聚会去。

Lesson 6: THE GOOD NEWS BRIDGE

LESSON OUTLINE:

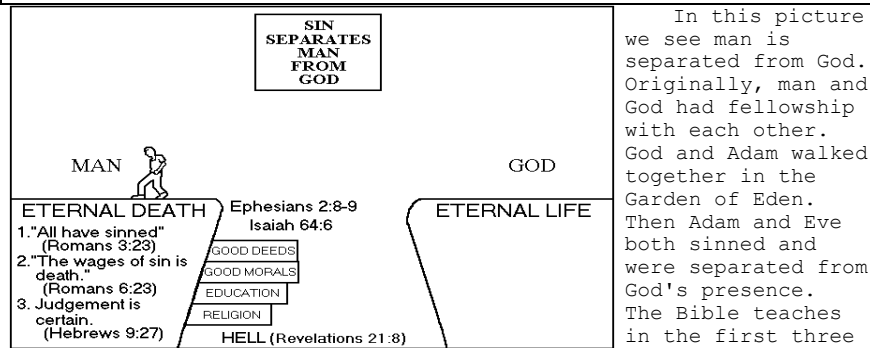
Review	Bring a Friend to Jesus	Assign	Learn The Bridge Illustration
Check	Bible Study Lesson 5 1Peter 3:15, James 5:20 Personal Reading Record Bible Reading Highlights Record Prayer Pages		Bible Study Lesson 6 Memorize Romans 5:8, John 1:12 Continue Personal Reading Record Continue Bible Reading Highlights Record
Teach	The Bridge Illustration		Continue Prayer Pages

We witness both by life and lip. Our lives should attract people to Jesus, but it is only the gospel that saves. So the Christian should be able to explain clearly and briefly the plan of salvation to another person.

Billy Graham has said, "I preach to thousands, but people come to Christ one by one." So after the gospel is preached publicly in church or at an evangelistic service, it is important to explain it to the inquirer, to answer his questions and to pray personally with him.

The Bridge Illustration presented in this lesson is one way to share the gospel on a person-to-person basis. Here is one way to use the Bridge in explaining the gospel:

BAD NEWS: Man's Problem



that all men, whether born in a heathen family or Christian family, have sinned. "For all have sinned and come short of the glory of God" (Romans 3:23).

Man desperately tries to build his own bridges across to heaven. The most common way that man tries to get to heaven is through his own good works. But our good deeds are as filthy rags in the sight of a Holy God (Isaiah 64:6).

Other men try through ethics or good morals to reach God. But generally man does not live up to his own standard of values, much less God's standard of righteousness. Man is not able to keep the "Ten Commandments" which are only the elementary laws of God. The problem lies in man's deceitful heart (Jeremiah 17:9).

Nor is education the answer. Knowledge increases our feelings of guilt. God does not excuse our sin merely because we have been taught the truth. "For not the hearers of the law are just before God, but the doers of the law shall be justified" (Romans 2:13).

"But surely religion will save us," some will say. No, not even religion will bring us back into fellowship with the Living God.

今天的世界很多人都很孤独，需要友谊。走出去，交朋友。主给我们最大的使命便是叫我们到普天下去，为主做见证。

耶稣为门徒祷告，要他们住“在世界里却不属于世界”（约翰福音17:14-16）。我们基督徒的生活应不同于世人。新约教导我们如何在这扭曲堕落的世代中保持圣洁，毫无瑕疵，诚实无伪（腓立比书2:15-16）。

所以我们交朋友，要以仁爱诚实待他们。不但如此，还要把朋友们引到耶稣前来。正如门徒安得烈把他的兄弟彼得带到主面前一样。安得烈并没有讲什么大道理，也不象彼得的地位那么突出，然而正是他将彼得这位后来的杰出的门徒带到耶稣那里的（约翰福音1:35-42）。因此，从现在起邀请一个朋友到你的教诲、或你的青年组的团旗、或福音聚会去。

带一个朋友归主

彼得前书3:15

只要心里尊主基督为圣。有人问你们心中盼望的缘由，就要常作准备，以温柔敬畏的心回答各人。

彼得前书3:15

雅各书5:20

这人该知道叫一个罪人从迷路上转回，便是救一个灵魂不死，并且遮盖许多的罪。

雅各书5:20

Bible Study Lesson 5: BRING A FRIEND TO JESUS

1. The Apostle Paul mentioned that he was in debt (under obligation) concerning the gospel. He was not in debt to God because salvation is a free gift. To whom was Paul in debt? (Romans 1:14,15) _____

2. Why should we not be ashamed to speak about the gospel of Christ? (Romans 1:16) _____

3. Paul also had a burden to share the gospel with (Romans 9:1-3): _____

4. How about those in closed countries under Communism or heathen religions who do not get a chance to hear? How do you think Paul would respond? (Romans 15:20) _____

5. But witnessing begins where we are. To whom did Andrew introduce Jesus? (John 1:40,41) _____

6. What about Philip? When Nathanael objected to Philip's evaluation of Jesus, what did Philip reply? (John 1:45,46) _____

7. We witness not only by lip but by life. How should a Christian walk in his daily living?
Ephesians 4:1 Walk: _____
Ephesians 5:2 Walk: _____
Ephesians 5:15-16Walk: _____
8. What should we be prepared to do? (1Peter 3:15)

9. He that wins souls is (Proverbs 11:30) _____, and he that turns people to righteousness is like (Daniel 12:3): _____

第五课圣经学习：带一个朋友归主

1. 使徒保罗说他在福音上欠人的债（有义务）。他不欠神的债，因这救恩是白白的赏赐。那么他欠谁的债呢？（罗马书1: 14-15） _____

2. 为什么我们不应以讲解基督的福音为耻？（罗马书1: 16） _____

3. 保罗有一个负担，要与谁分享福音？（罗马书9: 1-3） _____

4. 在社会主义国家或异教环境下，从来没听过福音的人怎么办呢？你认为要是保罗会怎么做？（罗马书15: 20） _____

5. 然而你身在何处就应该从那处开始作见证。安得烈把耶稣介绍给谁呢？（约翰福音1: 40-41） _____

6. 腓立又如何？当拿但业不同意腓立对耶稣的评价时，腓立怎么说？（约翰福音1: 45-46） _____

7. 我们不仅要用语言，而且要用生活作见证。基督徒日常生活应如何行事为人？
以弗所书4: 1 应当: _____
以弗所书5: 2 应当: _____
以弗所书5: 15-16 应当: _____
8. 在生活中，我们应该为什么事情做好准备？（彼得前书3: 15） _____

9. 能得人灵魂的是（箴言11: 30）: _____
使多人得义的人就象是（但以理书12: 3）: _____
